



# Community Helpers

Originated in: NAD

## Requirements

1. Listen to a story about community helpers
2. Pretend to be community helpers.
3. Play an action game using community helpers' skills.
4. Complete an art project about community helpers



## Supporting Answers

Note: Inviting Community helpers such as doctors, nurses, firemen, or policemen is a wonderful activity that can help children remember earning this award! Ahead of time (weeks or months in advance) invite the fire department or police department to bring their vehicles and equipment along with them to demo to the young people. This activity can be done for the whole club, since most years, there is an award that talks about Community helpers or leaders, safety, or something similar.

1. If you have invited a guest, have them tell a short age-appropriate story from their work.
2. Work with parents ahead of time to have a wardrobe of nurse, doctor, construction, plumber, police, firemen and other helper clothing or tools (in fact, many stores sell kids-size career clothing such as these community helpers for \$20 or less. If children already have these costumes, they can bring them to the meeting. This is basically a game of “pretend” or “dress up.” It can a special event if the adults “play along” and ask for helps and services from the little career-people. Ask questions about their jobs and see what they already know about their costume-characters! As adults, lead and guide the conversations, but help the children to share their knowledge and grow their knowledge about being grown up community helpers!
3. The game of dress up in requirement 2 would also fulfill this requirement.
4. Puppetry is a fun way to review knowledge gained. Have each child make a puppet and use it to talk to an adult about what they have learned about Community Helpers.

### Two types of Puppets

**Brown Bag Puppets-** brown bag puppets (search engine “brown bag puppets community helpers” or “brown bag puppets doctor, nurse, fire ambulance, EMT, police”) for patterns

**Stick Puppets-** Community Helper Puppets Print pictures of community helpers onto cardstock. Have the children color in the pictures and then cut out the figures. Give each child a popsicle stick and show them how to glue the top half of the stick to the back of the picture to create a puppet. The children can then stage a puppet show, each taking on the character of their particular community helper puppet.