



# Cyclist I

## Requirements

1. Know how to ride a bike without training wheels.
2. Be able to ride three blocks in your neighborhood.
3. Know three biking safety rules.
4. Color a picture of a bicycle and be able to identify the following:
  - a. handlebars
  - b. chain and guard
  - c. spokes
  - d. seat
  - e. main frame
5. How are tires pumped up?

### Answer for #3:

- a. Never ride out into the street without looking.
- b. Never ride anyone on the bike with you.
- c. Ride with both hands on handlebars.
- d. Be careful not to ride into someone walking on road or into another cyclist.
- e. Always use a biking helmet.

Updated in: Unknown / Grade Unknown