



# Outdoor Explorer

Originated in: GC

## Requirements

1. Take a nature walk and collect:
  - a. A leaf and tell what tree or plant it comes from
  - b. A feather and discover what bird it is from
  - c. A rock and learn what type it is
  - d. A seed and identify the plant it comes from
2. Learn and recite the following golden rules for hiking:
  - a. Never cut trees.
  - b. Never pull up live plants.
  - c. Do not remove any type of markers.
  - d. Stay off "No Trespassing" property.
  - e. Ask permission before walking on private property.
  - f. Don't litter.
3. Tell what side of the road to walk on and explain why.
4. Hike one-half mile (1 km) to a picnic area, carry your own lunch, and eat lunch at that area.
5. Take two walks of at least one mile each. One may be with the club and one with your family. Do the following as you walk together:
  - a. Find nature items for ABCs such as: A = Acorn; B = Butterfly; C = Caterpillar, etc.
  - b. Talk about what you see and tell on what day each was created.
6. Learn and recite the following five safety rules for walking:
  - a. Always walk with at least one partner.

- b. Carry water when going for a walk.
- c. Wear comfortable walking shoes.
- d. Wear proper clothing.
- e. Watch where you walk so you won't become lost.

## Supporting Answers

1. Aim: To develop observation skills; to explore and share.
2. Discuss each rule and be sure the Adventurers understand reasons for it.
3. Contact your area motor vehicle department to determine local laws. Always walk to the side of the road.
4. Enjoy the walk and picnic together. Be sure the children carry their own food, jackets, etc.
5. As you walk together, discuss what you see and help the Adventurers determine when each was created; for example, trees, birds, fish, butterflies, horse, etc. One walk should be with the club or class and one walk with the child's family. Have one of the parents write a note to confirm their walk.
6. Children are never too young to learn the safety rules of walking with a partner, carrying water, wearing comfortable shoes and clothing, and watching so as not to become lost.

Updated in: Unknown / Grade 4