

Requirements

- 1. Tell what the first sewing needles were probably made of.
- 2. Describe what was probably first used as thread.
- 3. Tell when sewing machines first came into existence.
- 4. Demonstrate how to thread a needle and knot the end of the thread.
- 5. Sew a button onto a piece of cloth.
- 6. Sew two snaps or press studs and connect them properly.
- 7. Sew a hook and eye and connect them properly.
- 8. Demonstrate the ability to sew three different types of stitches, such as the following:
 - a. Baste or running stitch
 - b. Hem stitch
 - c. Back stitch
- 9. Make a useful article using at least two different stitches.

Supporting Answers

- 1. The first sewing needles were probably made of bone.
- 2. Horse-tail or other animal hairs were probably the first thread.
- 3. Sewing machines were first used in the 1850s.
- 4. Demonstrate how to be safe when threading a needle. Have the Adventurers practice tying a knot at the end of the thread.
- 5. Sew a button on a piece of material or clothing. Teach the Adventurer to make small, even stitches.
- 6. Demonstrate how to sew snaps on two pieces of material or clothing and connect them properly. Make small stitches without puckering the material.
- 7. Demonstrate how to sew a hook-and-eye on material evenly.
- 8. Demonstrate how to make three kinds of stitches. Have the Adventurers try to make the stitches neat and even.
- 9. Some examples are:
 - a. Scissor holder: Cut the pattern, place material together, and stitch by hand, making even, neat stitches. Include loop at top of scissor container for hanging.
 - b. Pin cushion: Fill pin cushion with sand or small seeds.

Updated in: 1996 / Grade 3