



Skier

Originated in: GC

## Requirements

1. Describe how to care for skis and boots.
2. Demonstrate the following:
  - a. How to carry your skis
  - b. How to put them on
  - c. How to fasten them
3. Demonstrate how to climb in steps, in scissors, and how to make a kick turn.
4. Demonstrate how to sideslip and go over bumps.
5. Demonstrate how to turn right, left, and brake.
6. Describe the different kinds of snow.
7. Demonstrate the following:
  - a. How to run a short slalom of six gates OR
  - b. Safely ride a beginner's lift and ski the beginner's hill under control and in good form.

## Supporting Answers

NOTE: Activities leading to this award must be supervised by an adult who skis well.

1. Skis and boots should be wiped clean and be dry before storing them. 2-7. If you do not ski, invite someone who does to teach these basic skills to your Adventurers.

Updated in: Unknown / Grade 2