

Little Lamb

Activity Book



This book belongs to _____

SOUTH PACIFIC DIVISION EDITION

General Conference Youth Ministries Department

Little Lamb

Activity Book



SOUTH PACIFIC DIVISION EDITION

General Conference Youth Ministries Department

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Little Lamb Checklist

Name: _____ Date Started: _____ Date Completed: _____

Basic Requirements

1. Recite the Adventurer Pledge
2. Complete the Story Listening I award
3. Complete the Woolly Lamb award

My God [choose at least one section]

1. God's Plan to Save Me
 - a. Colour a story chart or lapbook about the following: The days of Creation
 - b. Tell an adult one of the stories of Creation: Creating animals, creating people, creating the Sabbath
2. God's Message to Me
 - a. Complete the My Friend Jesus award OR
 - b. Complete the Little Boy Jesus award
3. God's Power in My Life
 - a. Have a regular family worship time in your home. Keep a record.
 - b. Ask a parent or guardian what their favourite day of creation is.
 - c. Complete the Bible Friends I award.

My Self [choose at least one section]

1. I Am Special
 - a. Complete the Finger Play award
2. I Can Make Wise Choices
 - a. Complete the Sharing award
3. I Can Care for My Body
 - a. Complete the Healthy Foods award

My Family [choose at least one section]

1. I Have a Family
 - a. Complete the My Family award.
2. Families Care for Each Other
 - a. Complete the Special Helper award
3. My Family Helps Me Care for Myself
 - a. Complete the Healthy Me award

My World [choose at least one section]

1. The World of Friends
 - a. Complete the Creation award.
2. The World of Other People
 - a. Complete the Community Helpers award.
3. The World of Nature
 - a. Complete at least two of the following Little Lamb level awards:
 - Bodies of Water,
 - Insects,
 - Stars,
 - Weather or
 - Zoo Animals

Other awards that may be earned by Little Lambs as time allows include:

- Alphabet
- Bible Friends
- Colours
- Music I
- Numbers
- Trains and Trucks
- Trikes & Bikes

Instructor Checklist

Basic Requirements

1. _____
2. _____
3. _____

My God

1.
 - a. _____
 - b. _____
2.
 - a. _____
 - b. _____
3.
 - a. _____
 - b. _____
 - c. _____

My Self

1.
 - a. _____
2.
 - a. _____
3.
 - a. _____

My Family

1.
 - a. _____
2.
 - a. _____
3.
 - a. _____

My World

1.
 - a. _____
2.
 - a. _____
3.
 - a. _____
 - _____
 - _____
 - _____
 - _____
 - _____

1

- Recite the Adventurer Pledge

Adventurer Pledge

“Because Jesus loves me, I will always do my best.”

2

- Complete the Story Listening I award

- 1. Listen to two age-appropriate books, not read before, from the following categories:

Bible



Missions



Friends and Family



Nature



BASIC

- ☐ 2. Tell the person who read to you what you like most about each story.
- ☐ 3. Tell the person who read to you "thank you" OR make a craft that you give them that tells them you are thankful.

Thank You!!!



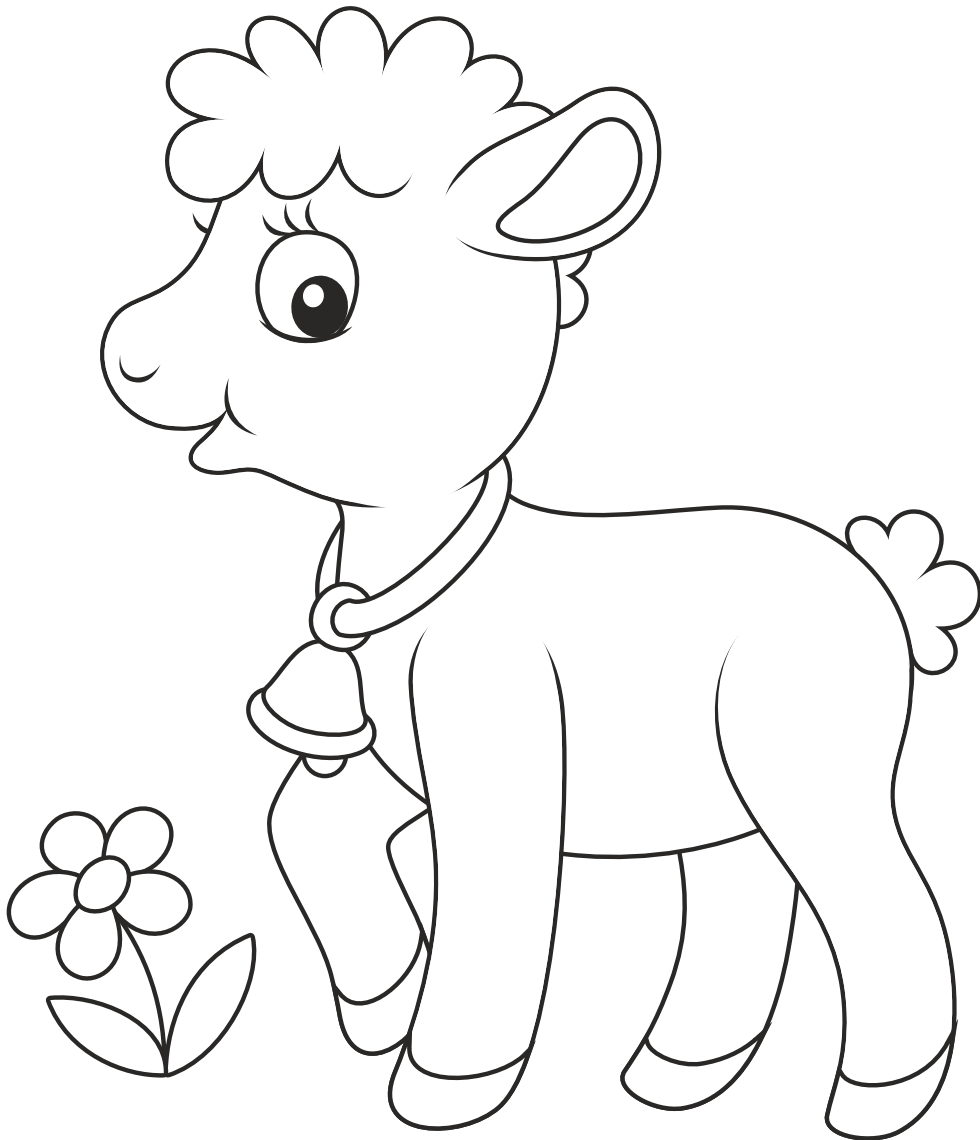
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Complete the Woolly Lamb award

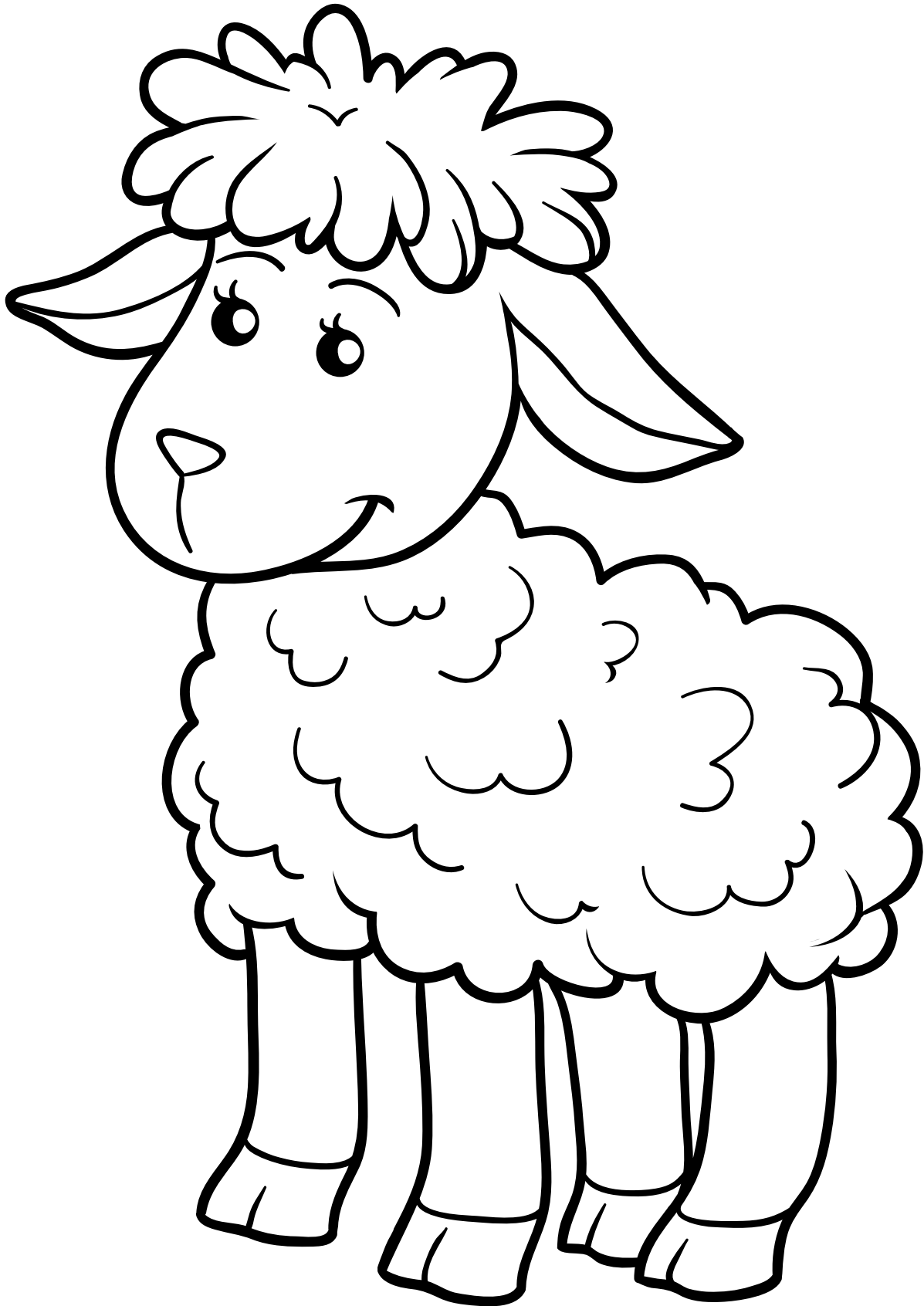
- ☐ 1. Listen to a book about lambs.
- ☐ 2. Say three things you learned about lambs. (Note taking area for adult care givers)

- _____
- _____
- _____

- ☐ 3. Play a game about lambs.

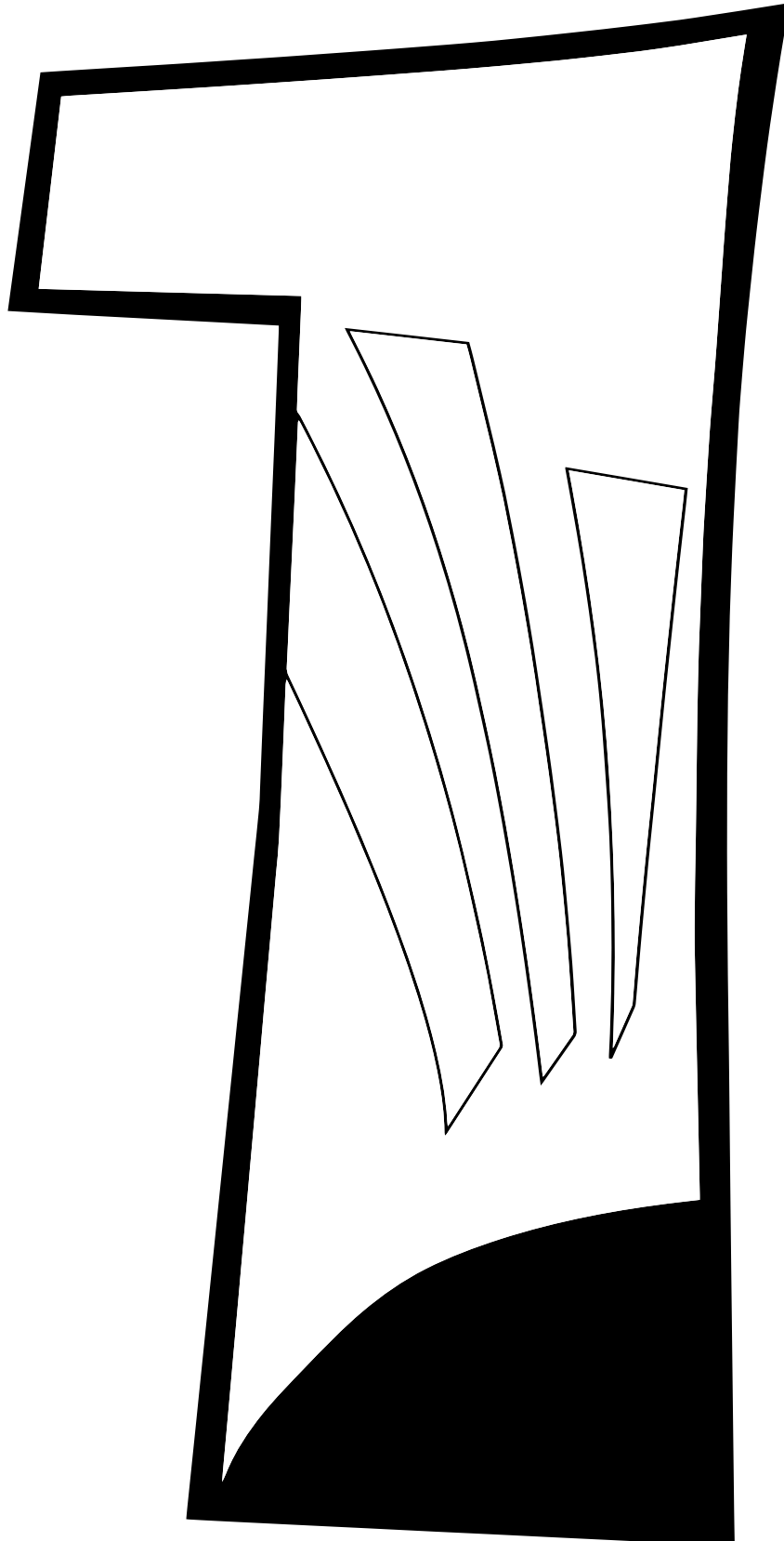


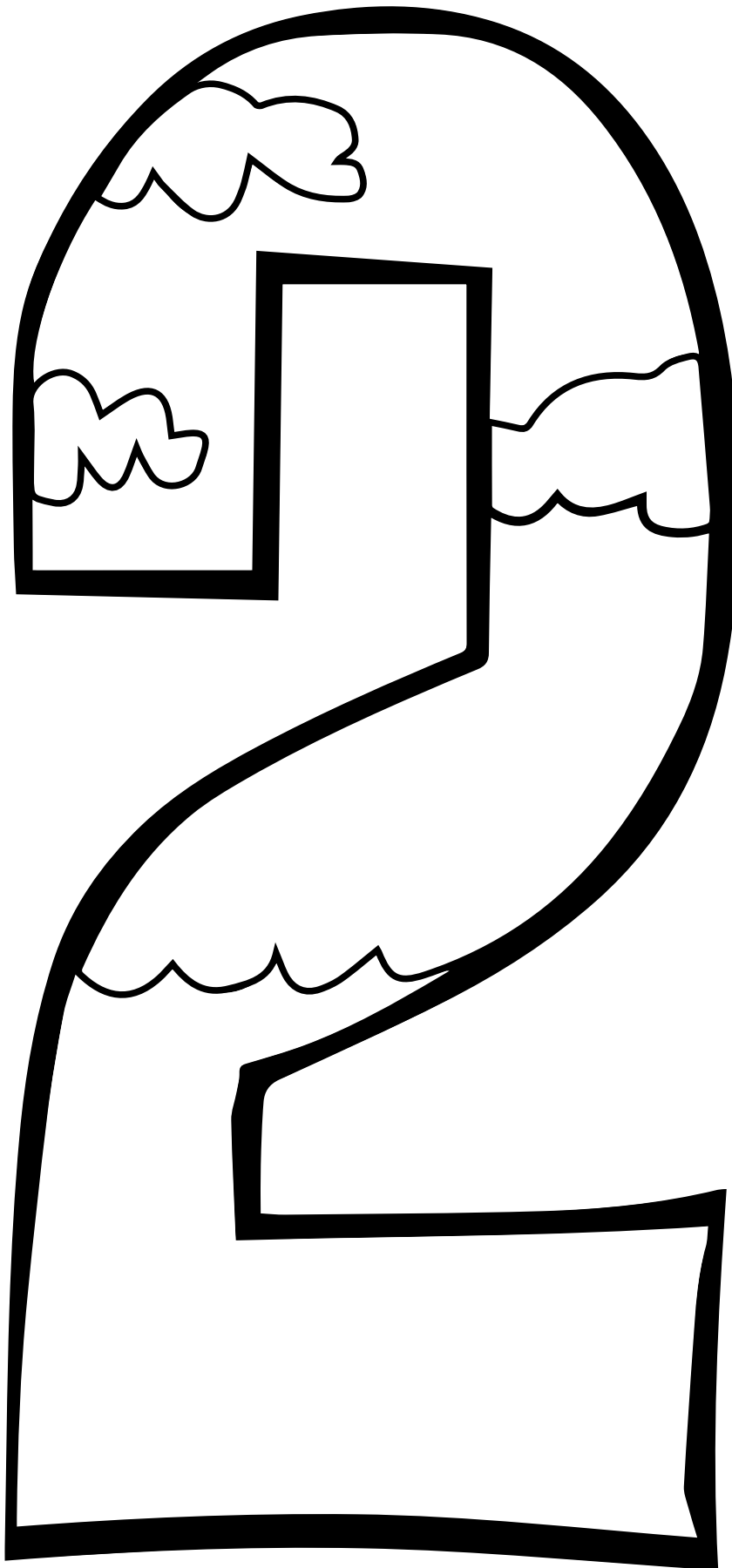
- 4. Make a lamb craft.

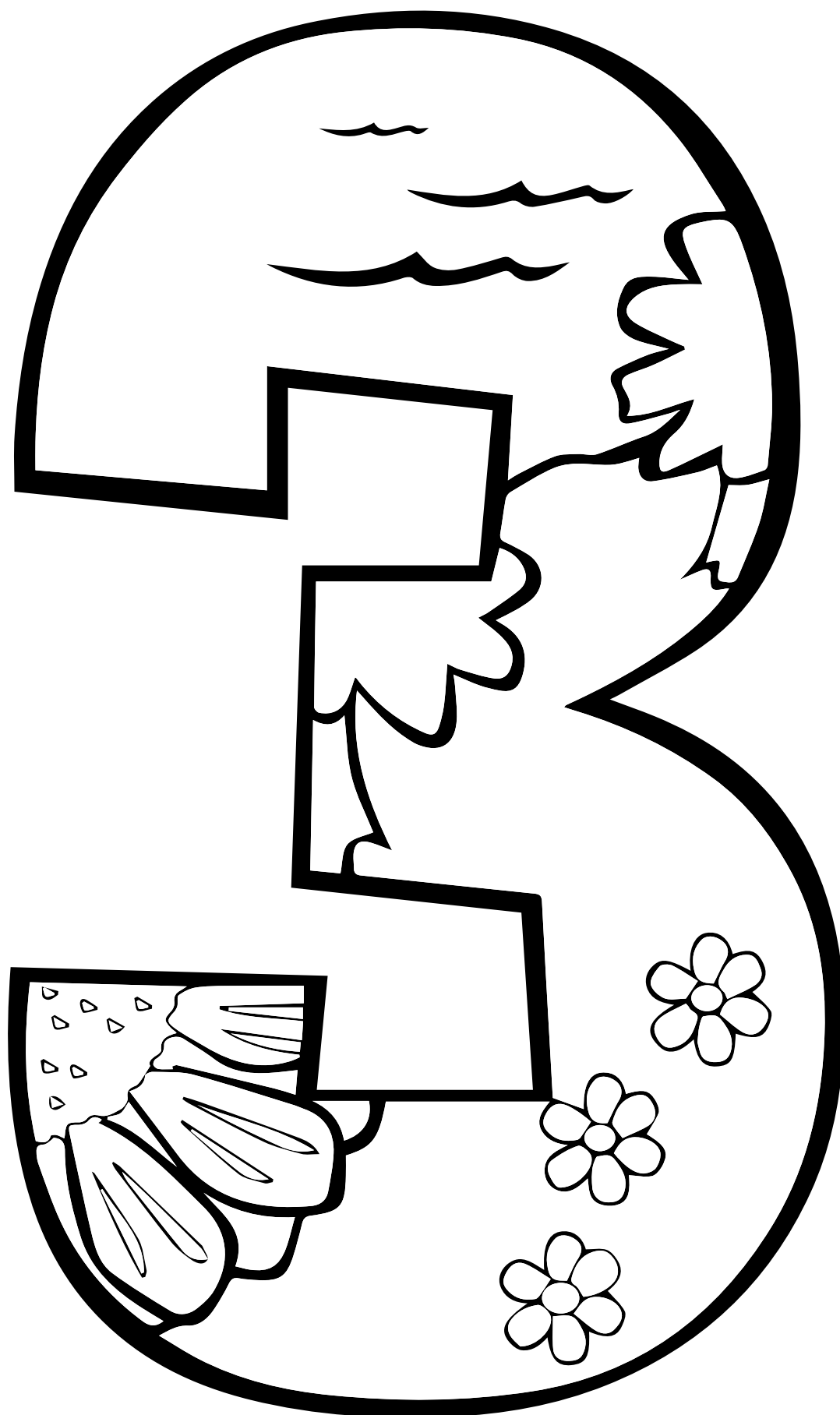


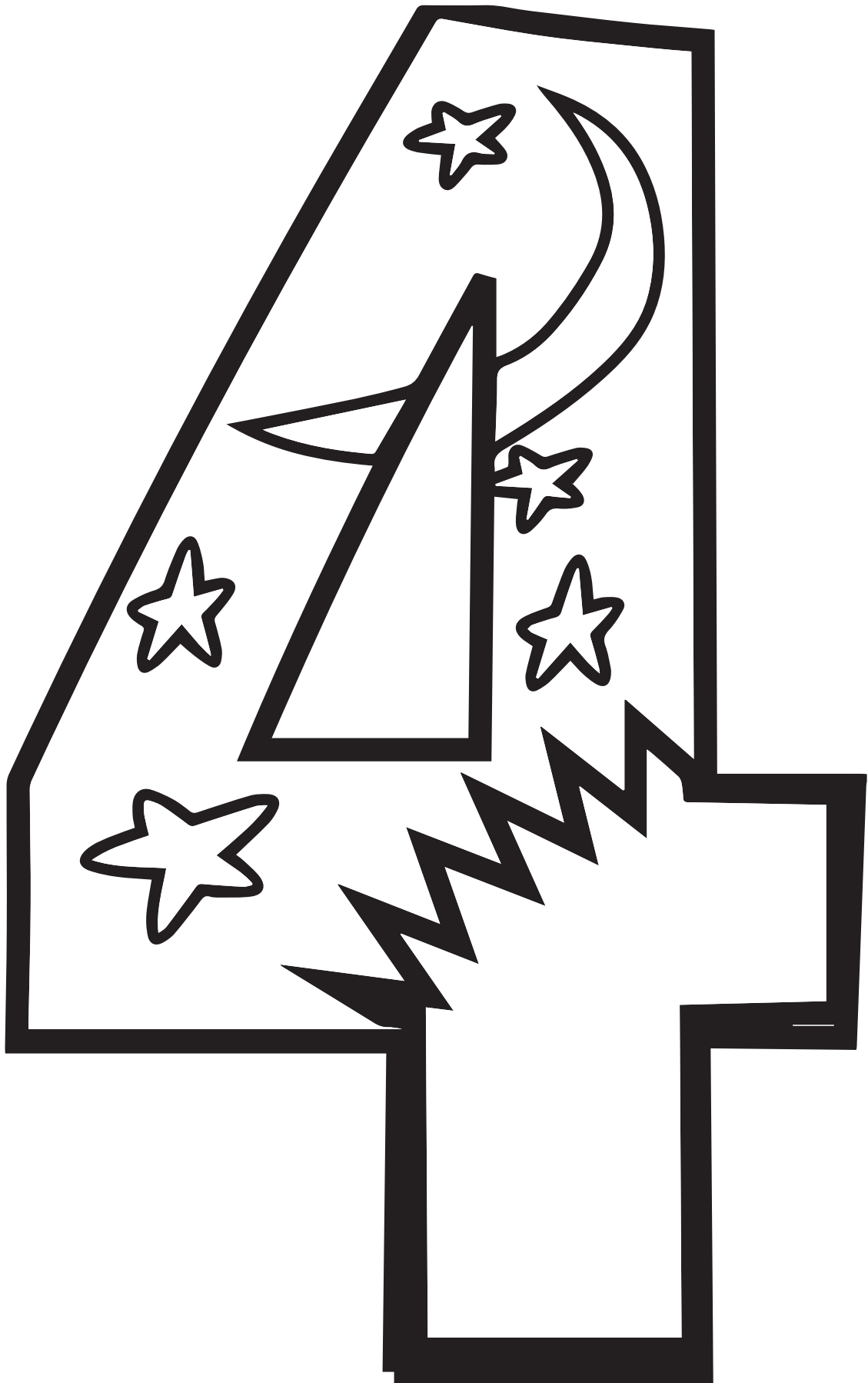
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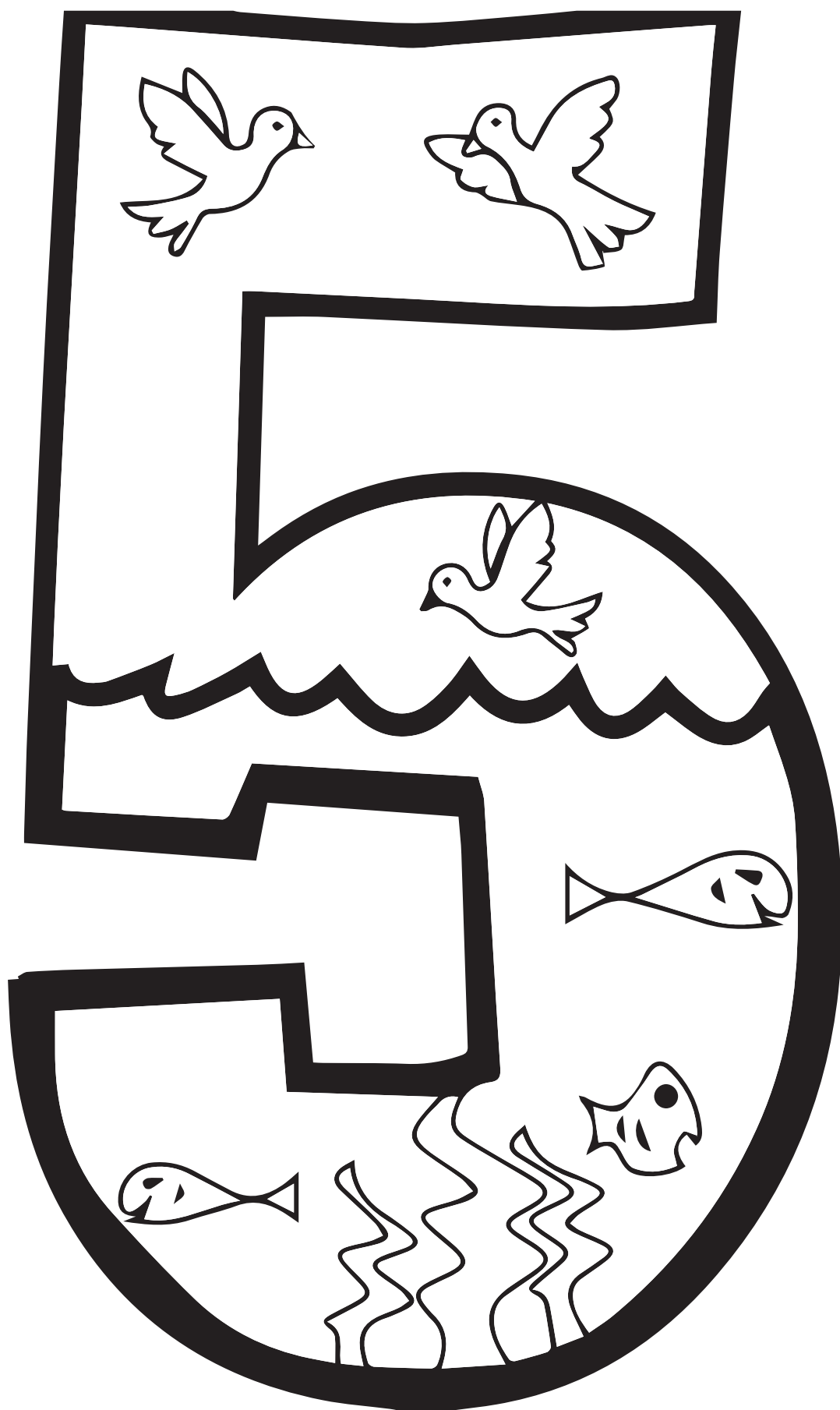
○ Colour a story chart or lap-book about: The Days of Creation.



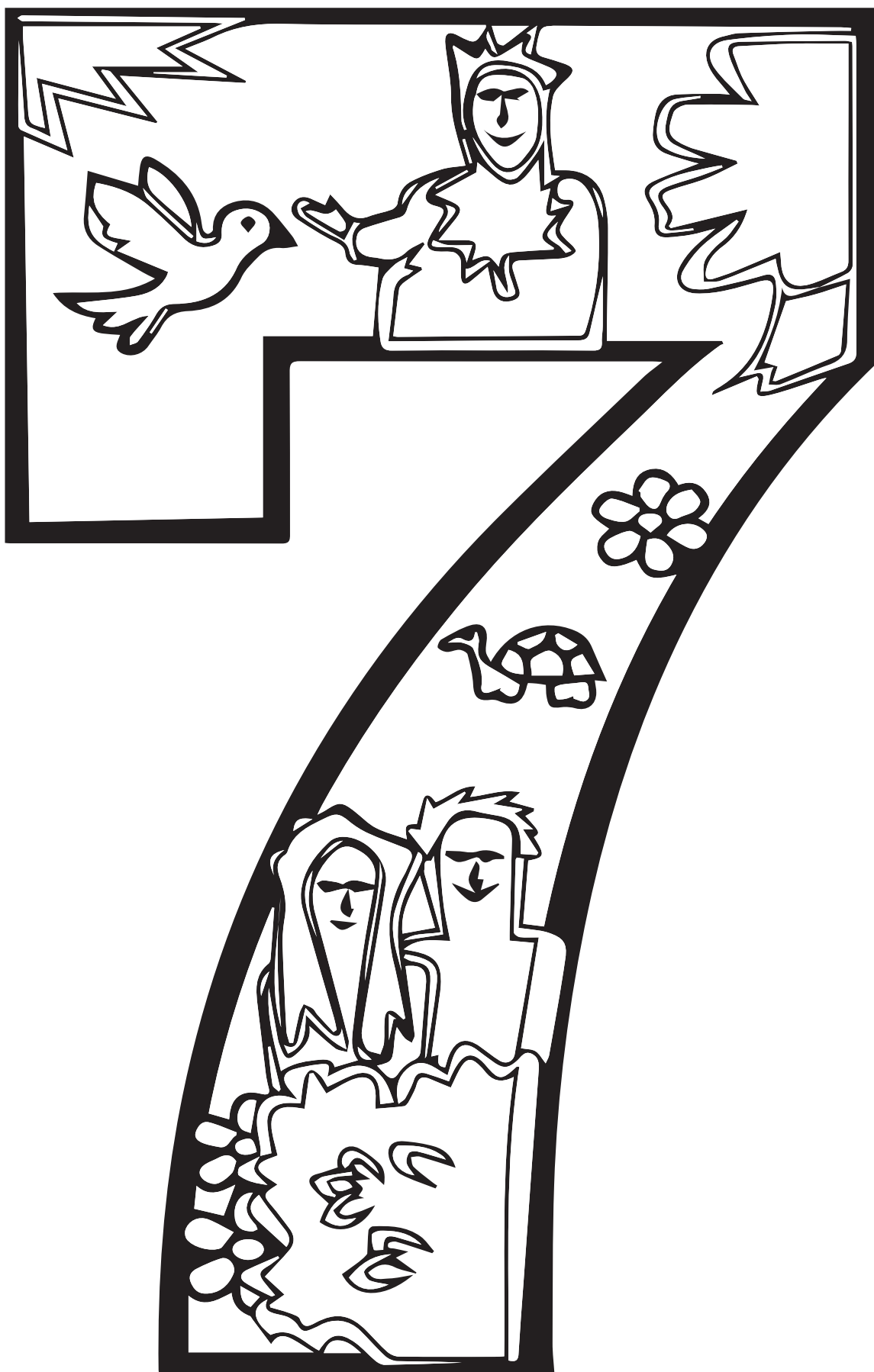






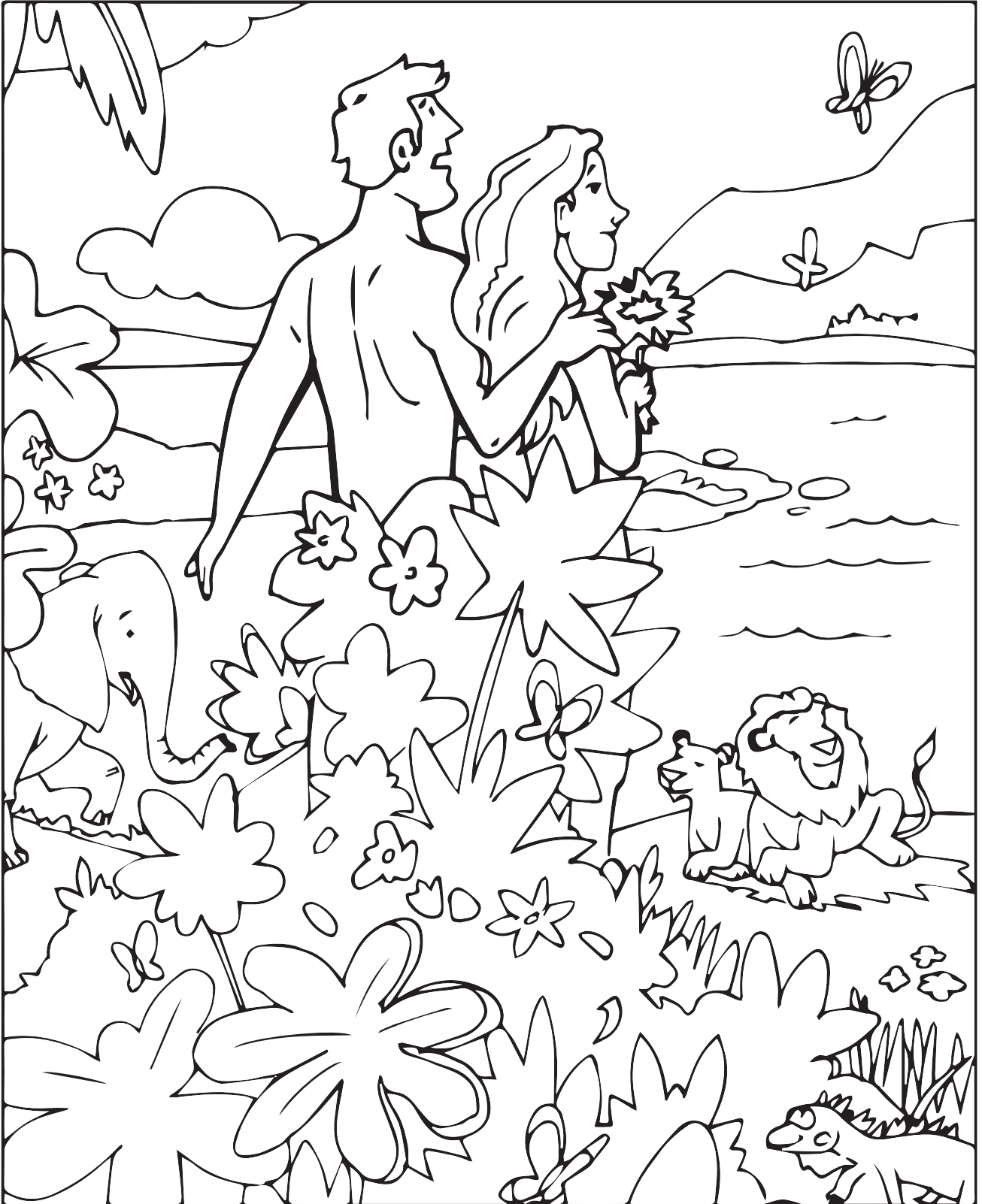






b.

○ Tell an adult one of the stories of Creation: Creating animals, creating people, creating the Sabbath.



2

Complete the My Friend Jesus award OR Complete the Little Boy Jesus award (pg21).

- ☐ 1. Listen to a book about Jesus.
- ☐ 2. Sing a song about Jesus.

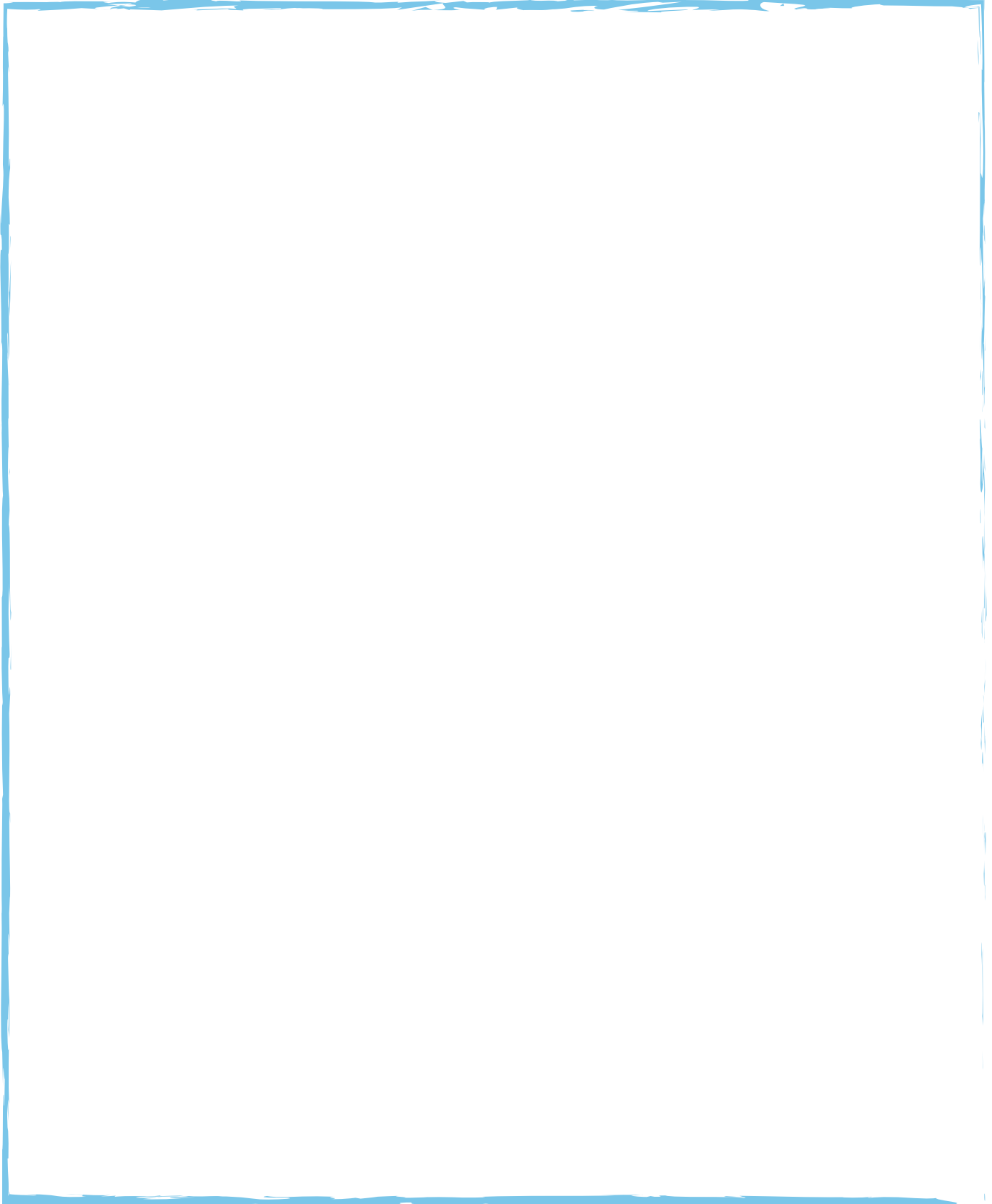


- ☐ 3. Play a game about Jesus.
- ☐ 4. Learn how Jesus grew up helping/obeying his parents.
- ☐ 5. Learn to be friends with peers as Jesus was.



- 6. Make a friend craft.

Trace your hand and a friend's hand, and colour it.



b.

Complete the Little Boy Jesus award.

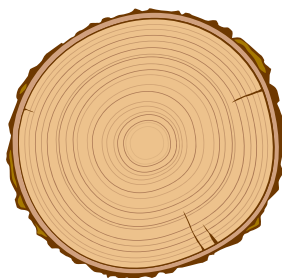
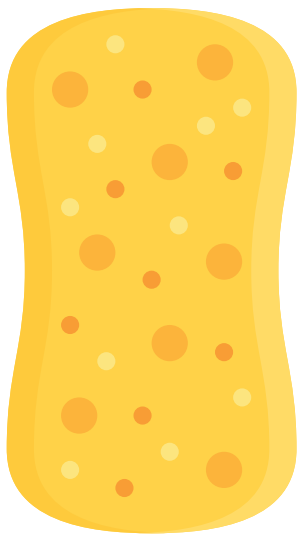
- ☐ 1. Listen to a book about little boy Jesus.
- ☐ 2. Sing a song about little boy Jesus.



- ☐ 3. Play a game about little boy Jesus.



- 4. Make a little boy Jesus craft.



3

- Have a regular family worship time in your home. Keep a record.

FAMILY *worship* TIME RECORD

| | <i>Week 1</i> | <i>Week 2</i> | <i>Week 3</i> | <i>Week 4</i> |
|-----|---------------|---------------|---------------|---------------|
| Sun | | | | |
| Mon | | | | |
| Tue | | | | |
| Wed | | | | |
| Thu | | | | |
| Fri | | | | |
| Sat | | | | |

b.

- Ask a parent or guardian what their favourite day of creation is.

Complete the Bible Friends I award.

- 1. Listen to a book about Bible friends.



- 2. Sing a song about Bible friends.
- 3. Play a game about Bible friends.
- 4. Make a Bible friend craft.



1

Complete the Finger Play Award.

- ☐ 1. Listen to a story about hands.



- ☐ 2. Say three things you learned about hands.

- _____
- _____
- _____

- 3. Say a poem and use your hand to act it out.



- 4. Make a craft that uses your hands as part of the project. (i.e., finger-paint, trace hands)



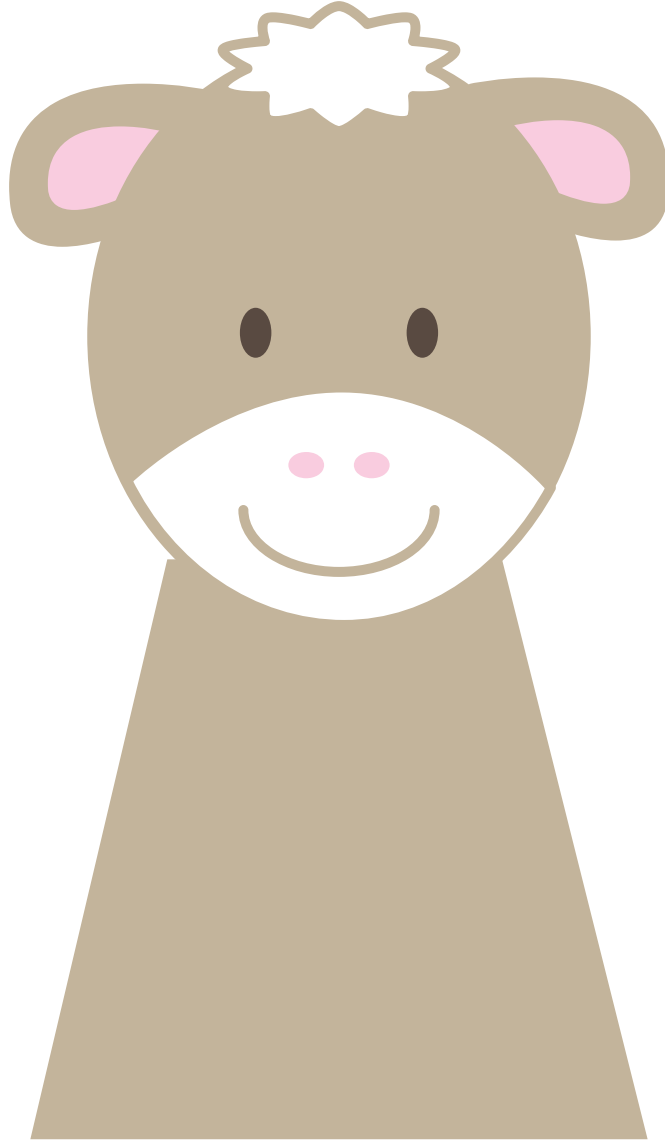
- 5. Complete an activity using your fingers. (i.e., build something with blocks, knead bread.)



2

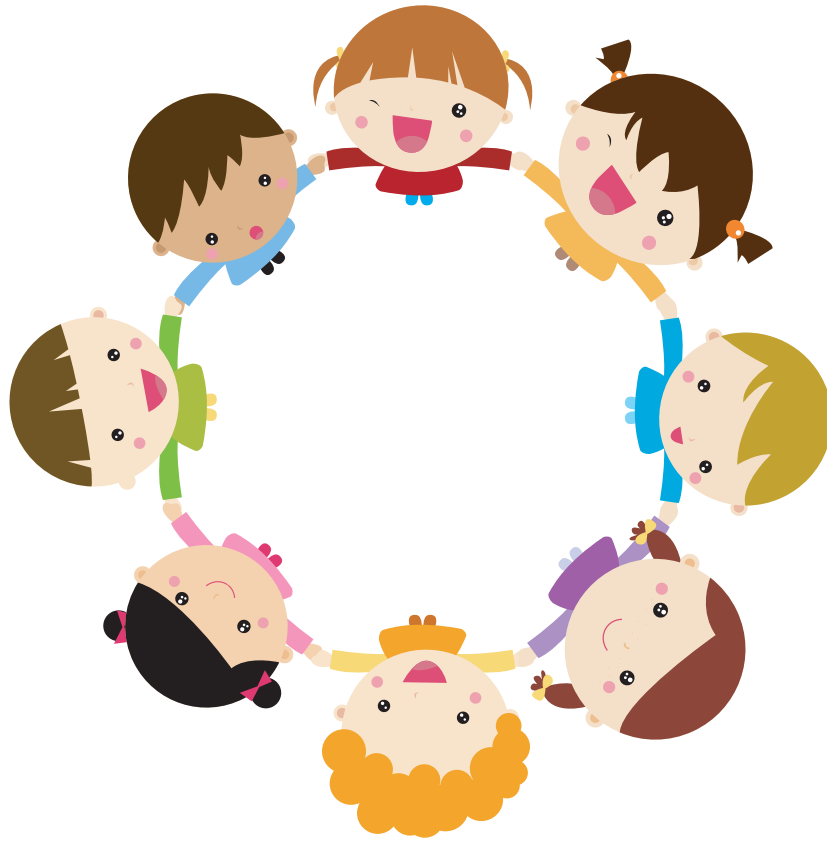
Complete the Sharing Award.

- ☐ 1. Listen to a book about sharing.

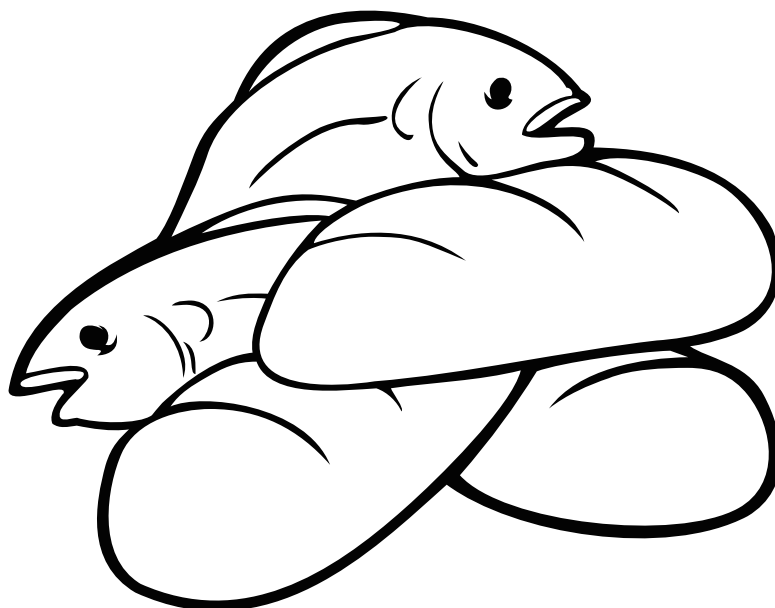


- ☐ 2. Sing a song about sharing.

- 3. Play a game about sharing.



- 4. Make a craft and share it with someone.



3

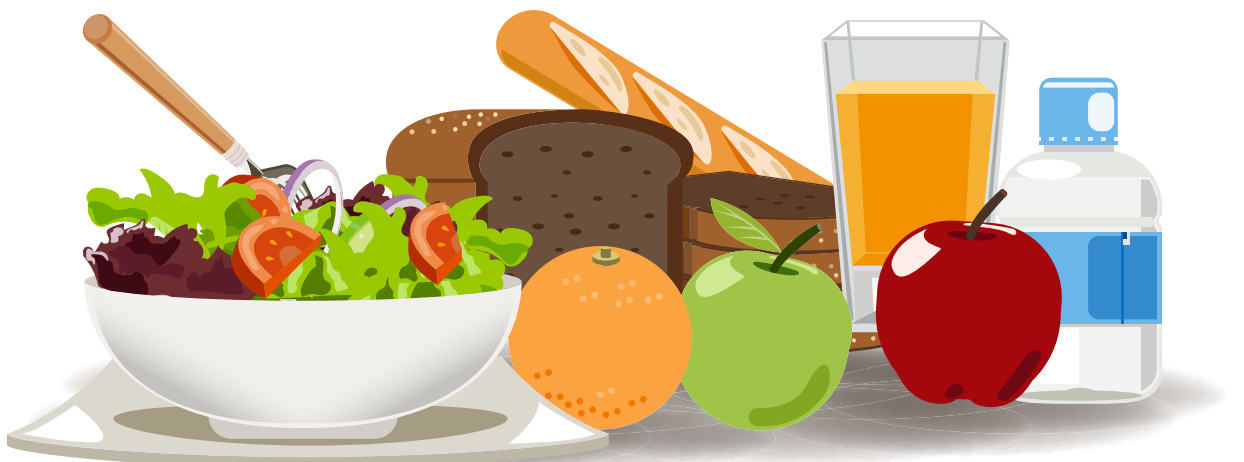
Complete the Healthy Foods Award.

- 1. Listen to a book about healthy foods.



- 2. Say three things you learned about healthy foods. (Note taking area for adult care givers)

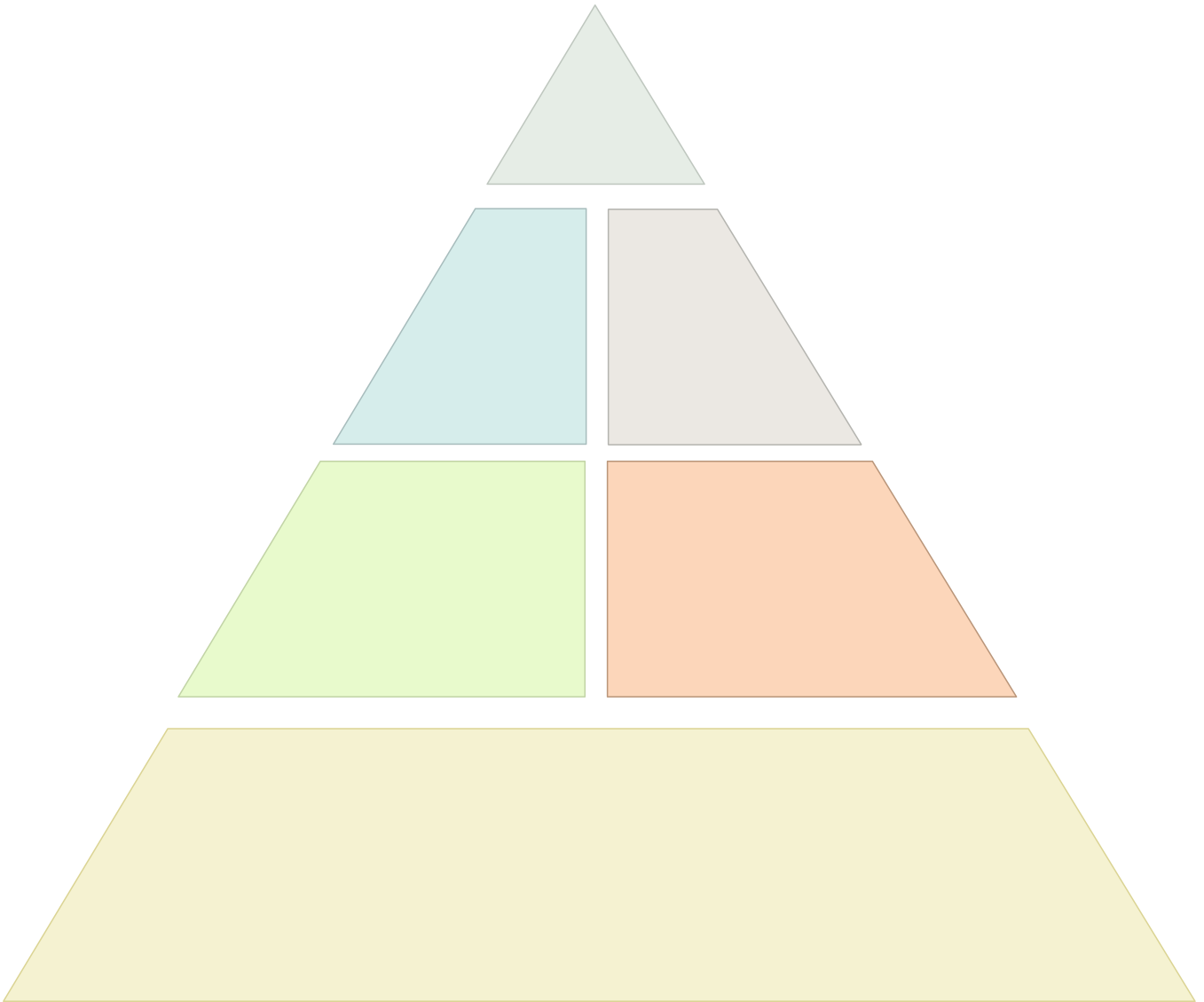
- _____
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- 3. Play a game about healthy foods.



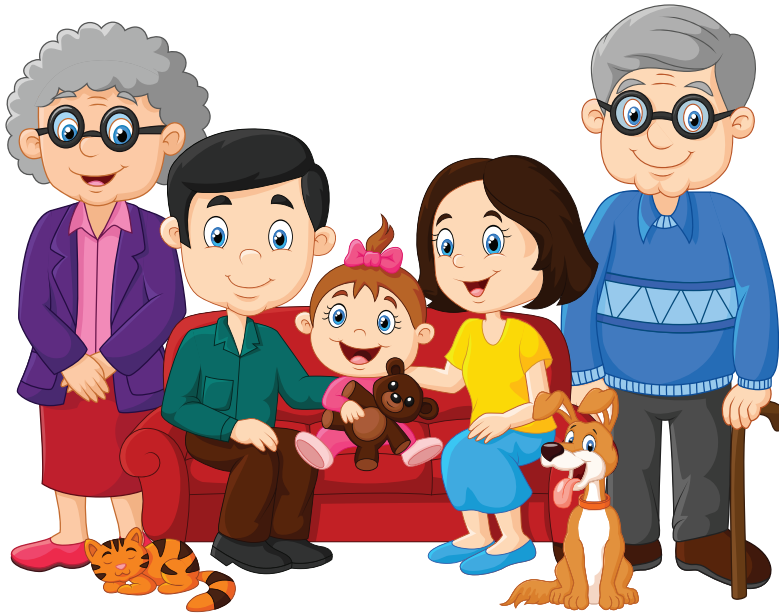
- 4. Make a healthy foods craft or chart.



1

Complete the My Family award.

- 1. Sing a song about families.



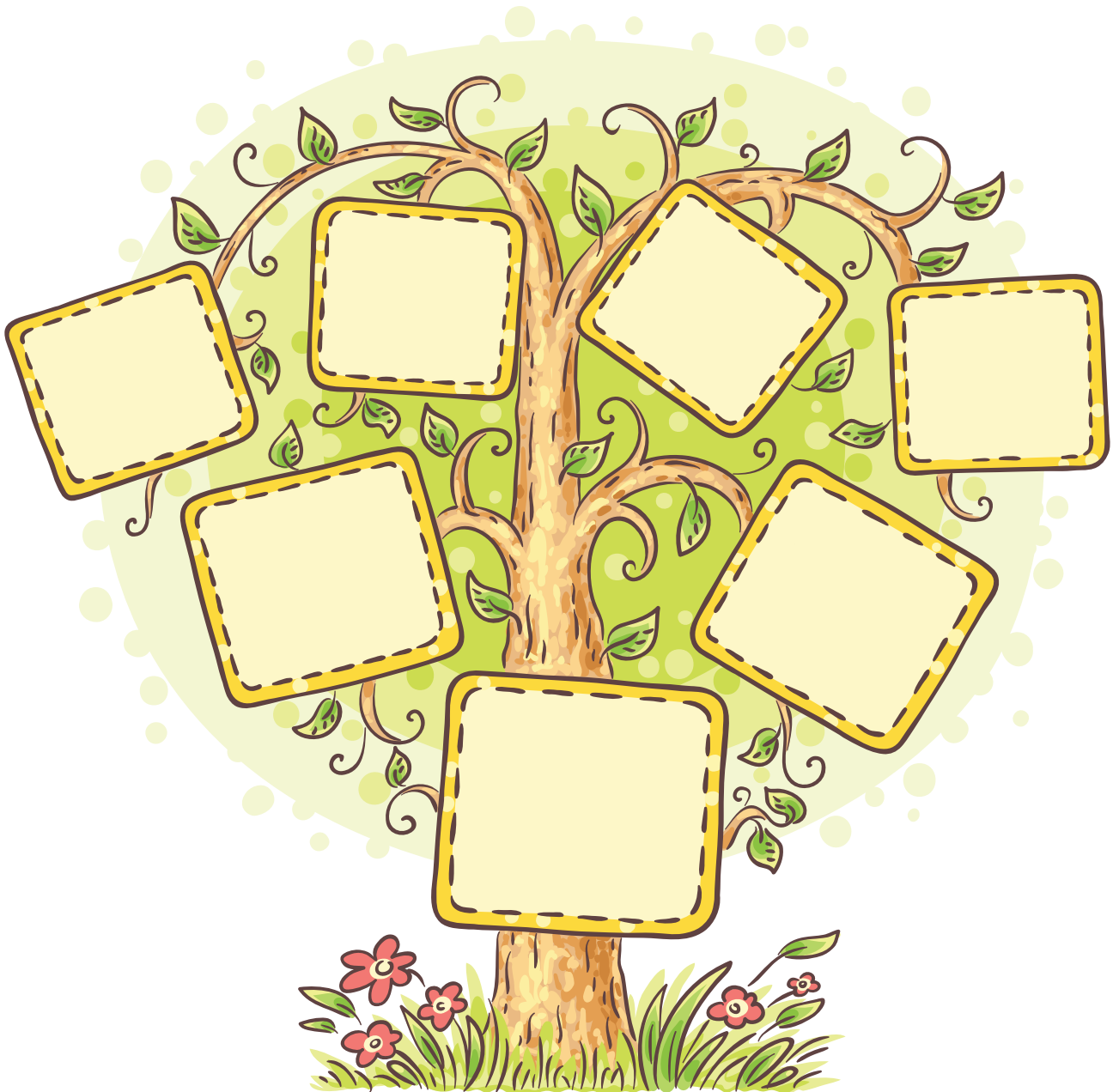
- 2. Listen to a story about families.



- 3. Say three things you learned about about families. (Note taking area for adult care givers)

- _____
- _____
- _____

- 4. Make a craft about families.



- 5. Complete an activity about families.



2

Complete the Special Helper award.

- ☐ 1. Listen to a book about being helpful.



- ☐ 2. Sing a song about being helpful.
- ☐ 3. Play a game about being helpful.

○ 4. Make a craft about being helpful.

○ 5. Help a family member with a special chore for one week. (i.e., feed a pet)



3

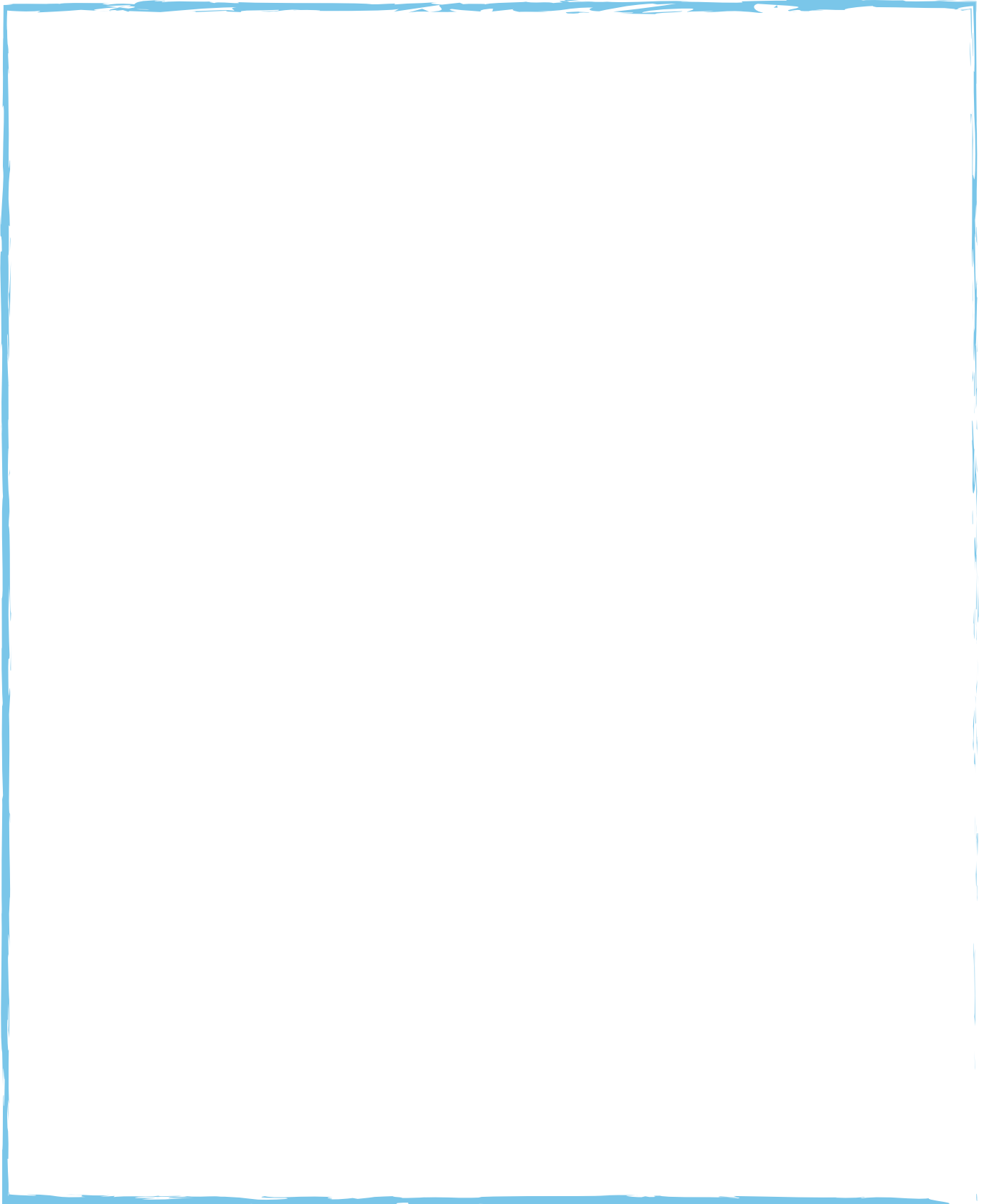
Complete the Healthy Me award.

- ☐ 1. Listen to a story about being healthy.
- ☐ 2. Say 3 things you've learned about families.
(Note taking area for teacher/adult care givers)

- _____
- _____
- _____

- ☐ 3. Play an action game about being healthy.

- 4. Complete an art project about being healthy



1

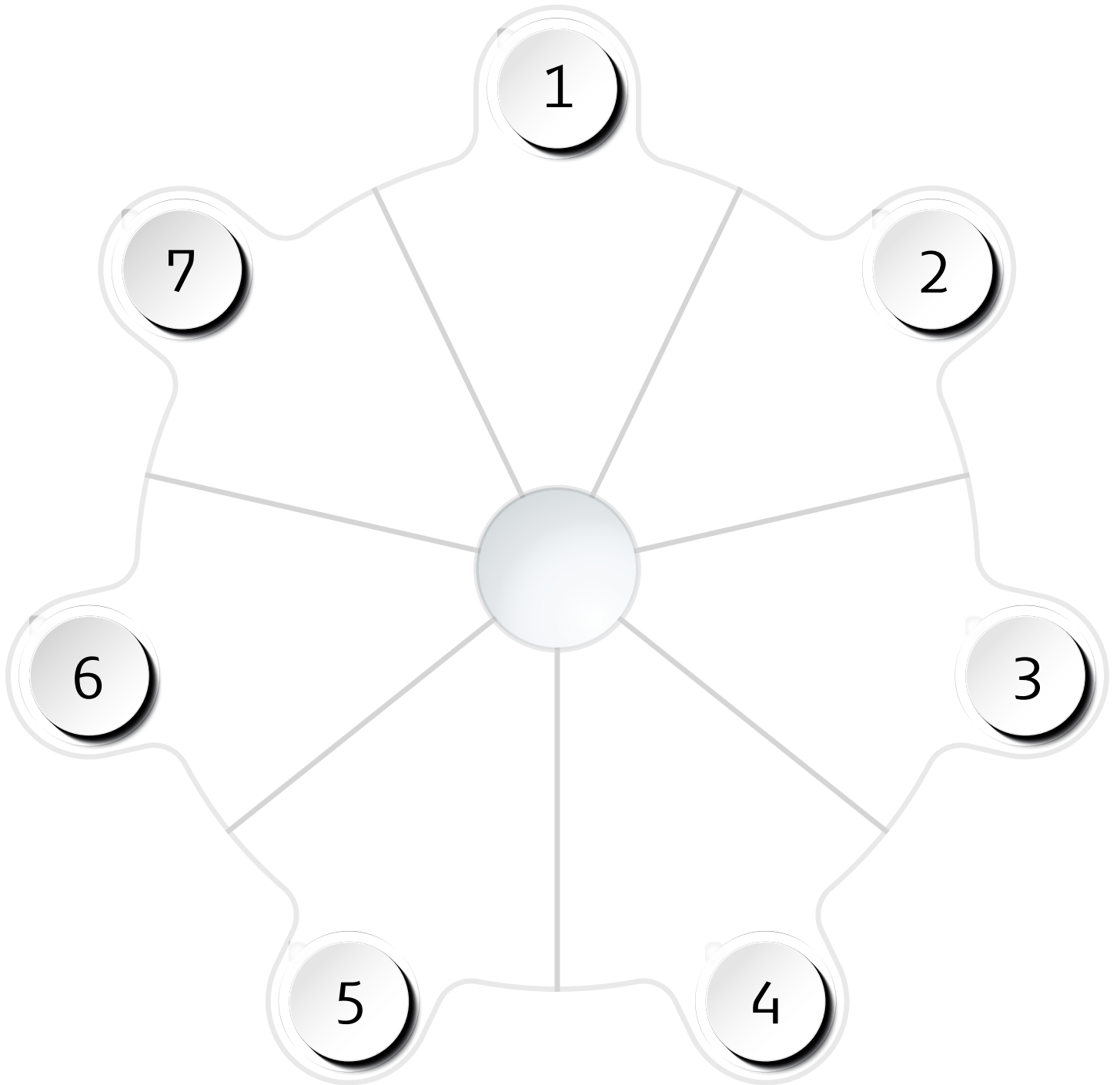
Complete the Creation award.

- ☐ 1. Sing a song about creation.
- ☐ 2. Listen to a story about creation.
- ☐ 3. Say 3 things you've learned about creation. (Note taking area for adult care givers)

- _____
- _____
- _____

- ☐ 4. Make a craft about creation (Fill in the creation wheel on the next page).
- ☐ 5. Complete an activity about creation.





2

Complete the Community Helpers award.

- ☐ 1. Listen to a story about community helpers.
- ☐ 2. Pretend to be community helpers.
- ☐ 3. Play an action game using community helpers' skills.
- ☐ 4. Complete an art project about community helpers.



3

Complete at least two of the following Little Lamb level awards:

○ **Bodies of Water**

Requirements:

1. Listen to a book about lakes, streams, rivers, and oceans.
2. Sing a song about lakes, streams, rivers, and oceans.
3. Play a game about lakes, streams, rivers, and oceans.
4. Make a lakes, streams, rivers, and oceans craft.

○ **Insects**

Requirements:

1. Listen to a book about insects.
2. Say three things you learned about insects..
3. Play an action game about insects.
4. Make an insect craft.

○ **Stars**

Requirements:

1. Listen to a book about stars.
2. Say three things you learned about stars..
3. Play an action game about stars.
4. Make a star craft.
5. Sing a song about stars.

○ **Weather I**

Requirements:

1. Listen to a book about weather.
2. Say three things you learned about weather.
3. Play an action game about weather.
4. Make a weather craft.

○ **Zoo Animals**

Requirements:

1. Take a trip to the zoo, if possible, or watch a video or movie about a zoo
2. What animals did you see?
3. What kind of food did most of them eat?
4. Did you see any birds? If so, what were they? Name them
5. Draw or colour two things you saw at the zoo
6. Who made everything you saw at the zoo? Can you find the answer in the Bible? If so, where is it found?

