

Busy Bee

Instructor Manual
EASY PRINT



This book belongs to _____

SOUTH PACIFIC DIVISION EDITION

General Conference Youth Ministries Department

Busy Bee

Instructor Manual



SOUTH PACIFIC DIVISION EDITION

General Conference Youth Ministries Department

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Resources:

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SOUTH PACIFIC DIVISION EASY PRINT EDITION

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Busy Bee Checklist

Name: _____ Date Started: _____ Date Completed: _____

Basic Requirements

1. Repeat from memory and accept the Adventurer Pledge
2. Complete the Reading I award
3. Complete the Flowers award

My God [choose at least one section]

1. God's Plan to Save Me
 - a. Create a story chart or lap-book showing the order in which these events took place:
 - Creation,
 - The first sin,
 - Jesus cares for me today,
 - Jesus comes again,
 - Heaven.
 - b. Draw a picture or tell about one of the stories above to show someone how much Jesus cares for you.
2. God's Message to Me
 - a. Complete the Bible I award.
3. God's Power in My Life
 - a. Spend regular quiet time with Jesus to talk with Him and learn about Him. Keep a record.
 - b. Ask two people how they show other people that Jesus cares for them.
 - c. Complete the Delightful Sabbath award.

My Self [choose at least one section]

1. I Am Special
 - a. Make a booklet showing different people who care for you as Jesus would.
2. I Can Make Wise Choices
 - a. Name at least four feelings.
 - b. Play a feelings game.

3. I Can Care for My Body

- a. Complete the Health Specialist award.

My Family [choose at least one section]

1. I Have a Family
 - a. Draw or cut out a picture showing something special about each member of your family.
2. Families Care for Each Other
 - a. Discover what the fifth commandment (Exodus 20:12) tells you about families.
 - b. Act out three ways you can honour your family.
 - c. Complete the Home Helper II award.
3. My Family Helps Me Care for Myself
 - a. Complete the Safety Specialist award.

My World [choose at least one section]

1. The World of Friends
 - a. Complete the Listening award.
2. The World of Other People
 - a. Tell about the volunteer work people do in your church. Find a way to help them.
 - b. Find a way to help them.
3. The World of Nature
 - a. Complete the Friend of Animals award.
 - b. As time allows,
Other awards that may be earned by Busy Bees include: Artist, Butterfly, Buttons, Fish, Guide, Music, Potato, Sand Art, Spotter, Swimmer I

Instructor Checklist

Basic Requirements

1. _____
2. _____
3. _____

My God

1. _____
 - a. _____
 - _____
 - _____
 - _____
 - _____
 - b. _____
2. _____

3. _____
 - a. _____
 - b. _____
 - c. _____

My Self

1. _____
 - a. _____
2. _____
 - a. _____
 - b. _____
3. _____
 - a. _____

My Family

1. _____
 - a. _____
2. _____
 - a. _____
 - b. _____
 - c. _____
3. _____
 - a. _____


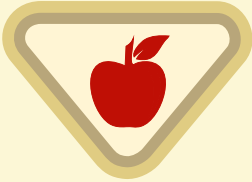
My World

1. _____
 - a. _____
2. _____
 - a. _____
 - b. _____
3. _____
 - a. _____
 - b. _____

Busy Bee Scope and Sequence


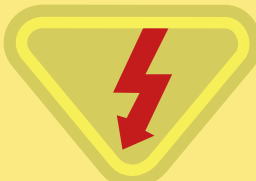

Area	BASIC - COMPLETE ALL SECTIONS		MY GOD - CHOOSE AT LEAST ONE SECTION	
	Basic	Basic	My God God's Plan to Save Me	My God God's Message to Me
Requirements	Repeat from memory and accept the Adventurer Pledge		<p>a. Create a story chart or lap-book showing the order in which these events took place:</p> <ul style="list-style-type: none"> • Creation, • The first sin, • Jesus cares for me today, • Jesus comes again, • Heaven. <p>b. Draw a picture or tell about one of the stories above to show someone how much Jesus cares for you.</p>	
Award	Reading I 	Flowers 		Bible I 
Done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

My Self - CHOOSE AT LEAST ONE SECTION





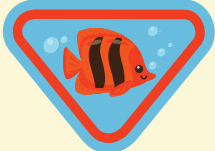


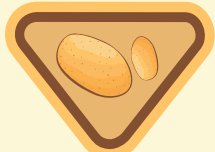

Area	My God God's Power in My Life	My Self I Am Special	My Self I Can Make Wise Choices	My Self I Can Care for My Body
Requirements	a. Spend regular quiet time with Jesus to talk with Him and learn about Him. Keep a record. b. Ask two people how they show other people that Jesus cares for them.	Make a booklet showing different people who care for you as Jesus would.	a. Name at least four different feelings. b. Play a feelings game.	
Award	Delightful Sabbath 			Health Specialist 

My Family - CHOOSE AT LEAST ONE SECTION

My World -

Area	My Family I Have a Family	My Family Families Care for Each Other	My Family My Family Helps Me Care for Myself	My World The World of Friends
Requirements	Draw or cut out a picture showing something special about each member of your family.	<p>a. Discover what the fifth commandment (Exodus 20:12) tells you about families.</p> <p>b. Act out three ways you can honour your family.</p>		
Award	Optional award	Home Helper II 	Safety Specialist 	Listening 
Done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

CHOOSE AT LEAST ONE SECTION

Area	My World The World of Other People	My World The World of Nature		
Requirements	<p>a. Tell about the volunteer work people do in your church.</p> <p>b. Find a way to help them.</p>			
Award		<p>Friend of Animals</p> 	<p>Optional Awards: Choose an award not already earned. Such as Artist, Butterfly, Buttons, Fish, Guide, Music, Potato, Sand Art, Spotter or Swimmer 1.</p>   	    
Done	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Busy Bee Instructor Help

General notes

If you are able to decorate a space for the Busy Bee each meeting, it will help those who learn by experiencing to learn more readily.

If your space allows, having a “story center,” “game center,” and “craft center” each set up ahead of time (and staffed by adults) will help your meeting go quickly and smoothly.

Basic Requirements

COMPLETE ALL SECTIONS

I. Repeat from memory and accept the Adventurer Pledge

Because Jesus loves me I will always do my best.

Your Busy Bees will appreciate a meaningful 5-7 minute discussion about why they could accept this pledge.

Create an environment where discussion is fun and positive contribution is essential. You can do that by helping all feel involved and able to contribute (even the quiet ones), not allowing one or two to dominate the discussion.

If you have several parent volunteers and a larger group, more people can discuss if the groups are smaller (2-3 kids and an adult).

Questions you might ask:

1. What does it mean to accept? (say that we agree and that we want to do it too!)
2. What are some ways that we know Jesus loves us?
3. What are some ways that we can “do our best” (do a good job)?
4. When can you help other people do their best?

II. Complete the Reading I award

Requirements:

Awarded to Adventurers who read, or listen while someone else reads:

1. A Bible story or book about Jesus.
2. A book on health or safety.
3. A book on family, friends, or feelings.
4. A book on history or missions.
5. A book on nature.

Helps:

There are many books about Jesus. The important part is to find one for your child’s developmental level.

Printed Children Bibles and books are available to purchase at most Christian Book stores.

Bible App for Kids is a ministry of [Youversion Bible Inc.](#) and provides nearly 50 interactive Bible stories for kids. There is an animated storybook app with vivid illustrations and sound as well as interactive touch screen interactions. The games and activities help kids remember what they learn. The navigation is simple for kids and there are no in-app purchases.

Bibleforchildren.org has illustrated and colour pages for sixty different Bible stories available for download and printing in 132 different languages. There are 18 stories about Jesus (including Powerpoint, colouring pages, and storybook pages) <http://bibleforchildren.org/> or your device's App store.

Book Reading is usually “assigned” and done as a parent-child activity. As the children complete the activity have them REPORT their findings at club meetings or in class.

Idea: Main character charade - have the parent and child work together to tell you ONE STORY from their reading award book about the MAIN character.

III. Complete the Flower award

Requirements:

1. List five flowers mentioned in the Bible.
2. Identify 10 of the following (or their equivalent in your area or region):
 - a. Daffodil
 - b. Daisy
 - c. Geranium
 - d. Tulip
 - e. Pansy
 - f. Chrysanthemum
 - g. Rose
 - h. Carnation
 - i. Gladiolus
 - j. Lily
 - k. Iris
 - l. Petunia
3. Tell what attracts bees and insects to flowers and what it is they get from flowers.
4. Describe three ways in which flower seeds are scattered.
5. Play a “Pollen Game.”
6. Make a bookmark using dried flower petals.
7. Take a bouquet of garden flowers to share with someone.

Helps:

1. Use a Bible dictionary or concordance to look up texts, list: Song of Solomon 2:1, 2, 5:13 and 6:2; Matthew 6:28, 29 etc.
[Bible.knowing-jesus.com](https://bible.knowing-jesus.com/topics/Flowers) has a list of 27 flowers. <https://bible.knowing-jesus.com/topics/Flowers>
2. You may substitute garden flowers common to your area. Show live flowers whenever possible, although flashcards, magazine or seed-catalog pictures may be used.

3. Colours, smell and motion attract insects to flowers. Nectar, pollen and water is taken from the flowers.
4. Flower seeds are scattered by birds, wind, insects and animals. Check with your state agricultural department for educational materials.

5. **Teaching Idea: Pollination Game**

Materials: butcher paper cut into oversized flower shapes; sugar water, powder (make sure of allergies first!)

Procedure: Using butcher paper or newspaper, cut a flower shape that is at least four feet in width, and lay it flat on the floor. In the center of the flower place a cup of sugar water. Sprinkle powder on the rest of the flower. Give each child a straw and let them one at a time try to get the “nectar” from the cup without touching the “pollen” powder. Most flowers are pollinated successfully when an insect drinks the nectar, though sometimes insects are able to bypass the pollen.

6. **Teaching Idea: Bookmarks**

Materials: dried flower petals, bookmark paper cut to size ahead of time, sticky contact sheets (often available as 8.5 x 11 inch sheets)

Procedure: Pick and dry petals from several different flowers. Cut white paper 2" by 7" and arrange petals on it. Cover with clear contact paper and trim excess material. Your bookmark may be given as a gift for Mother's Day, a birthday, etc. In order to collect the flower petals and dry them successfully yet maintain their colour, dry them between pieces of paper towel (or other absorbent tissue) then place between heavy objects such as books.

7. Pick a bouquet of garden flowers, arrange them nicely and take them to someone to make him/her happy. OR make a silk flower arrangement and share it (could be taken to Sabbath School).

Teaching Idea: U-Pick Flower Field Trip

Materials: parents and kids. PERMISSION from the church to leave the premises. Cutting shears. Pails with water to store cut flowers in for the trip home.

Procedure: Find a U-pick farm or other natural area where it is easy (and legal/permitted) to cut/pick flowers. With adult supervision select a small bouquet for each child. Have the child do as much of the picking and arranging as possible. Remember that “beauty is in the eye of the beholder” and “its the thought that counts.” The recipient of the bouquet will NOT care what it looks like but will rather be honoured for being cared about.

Teaching Idea: Cut-flower “leis”

Materials: large bulk bouquets of inexpensive cut flowers, enough so that each child can use 6-10 flowers (depending on size) to create a lei (flower necklace). Thread/string “needles” that are sharp enough to pierce the heads, but large enough to make easily handling. There are [Youtube](#) tutorials of people showing how to make these if you are needing more instruction or a demonstration.

Procedure: Ahead of time, have the adults cut the heads (with a small piece of the base) into piles. Have the children choose several flowers that they wish to use. If the needle isn't too sharp, the child can do the sewing, if necessary, involve the adults. Pierce from back to front so that all the flower “lays” towards the front. Thread like you would a string of berries or popcorn (for a Christmas string) or other similar craft.

Take the lei's to someone your class may visit or home to loving neighbours or extended family members.

My God

CHOOSE AT LEAST ONE SECTION

I. God's Plan to Save Me

A. Create a story chart or lapbook showing the order in which these events took place: Creation, the first sin, Jesus cares for me today, Jesus comes again, heaven

A story chart or lapbook or simply to variants on a "colouring book." The story chart is cumulative, meaning that when the story pages are put together, the story of the Bible is told from Creation, to the cross, to the second coming. Each story chart has a minimum of four pages, though some may have six or seven.

A lapbook is similar in many ways to a scrapbook or portfolio, but a younger version. Search online using the terms "what is a children's lapbook" for definitions and a lot of new ideas on how to make one with your child(ren).

The chart or lapbook topic for Busy Bee is a survey of Creation to the cross and to heaven.

Seventh-day Adventists believe That Creation and heaven are mirror images of each other. We also believe in a literal, seven-day Creation, by God, as described in Genesis 1 & 2. Many children from non-Adventist backgrounds will not know the Creation story. Be sensitive to your group of parents and children. If needed, simply tell the story using children's story books and pictures. If challenged, simply explain that there are many different ways that people believe life started. The one we are learning about in Adventurers is the story found in the Bible. The story of sin we believe is linked directly to choices, not chance (*evolutionists view = death is an accident; creationist view = death is a cause of sin and thus we need a Saviour*).

These pictures are to show the children how God created perfect people, they sinned, we sin, God came to save us, God will come back to take us to live with him and make everything perfect again, just like it was in Eden.

You may use the pictures in the Activity Book to colour or paint (choose what types of paint carefully), or you may find images for each of the seven days (including the Sabbath rest) on the internet or Christian colouring book.

[Bibleforchildren.org](http://bibleforchildren.org) has illustrated and colour pages for sixty different Bible stories available for download and printing in 132 different languages. <http://bibleforchildren.org/>

Teaching Idea: Foldable story cube

Materials: eight sided octahedron (Busy Bee Activity book pg 14)

Also FREE image available online at:

[https://commons.wikimedia.org/wiki/File:Foldable_octahedron_\(blank\).jpg](https://commons.wikimedia.org/wiki/File:Foldable_octahedron_(blank).jpg)

We recommend copying the image "full page" onto heavy card-stock paper or light-coloured construction paper.

Procedure: panels left to right - 0 - before creation, 1-7 consecutive days of creation including Sabbath. Use simple drawings to illustrate what happens on each day or divide panels: 1-4 creation, 5-6 sin, 7- Jesus' cares for me today, 8- Heaven.

B. Draw a picture or tell about one of the stories above to show someone how much Jesus cares for you.

Adults can help the child remember the parts of the story by asking questions to guide their storytelling and/or providing hands-on reminders of the day or event they are talking about.

If working with a group of children, have individuals or pairs (with a parent-helper) each create a picture or a short skit/story summary, so that each of the stories in the lapbook is reported on!

II. God's Message to Me

A. Complete the (white) Bible I award.

Requirements:

1. Own a Bible.
2. Explain how to show respect for the Bible and how to care for it.
3. Name the first and last books of the Bible and tell who wrote them.
4. Tell or act out the following stories:
 - a. Creation
 - b. The first sin
 - c. Jesus cares for me today
 - d. Jesus comes again
 - e. Heaven
5. Locate, read and discuss three of the following Bible verses about Jesus' love for you:
 - a. John 3:16
 - b. Psalms 91:11
 - c. John 14:3
 - d. Psalms 23:1
 - e. Your choiceMemorise and repeat two of them.
6. Make masks to illustrate a Bible story or parable OR Create a Bible story in a sandbox or with felts.

Helps:

1. If possible, see that each child has his/her own Bible. Teach that nothing is ever set on a Bible and to keep the Bible clean. Show him/her to be careful and handle it reverently.
2. Show him/her how to be careful and handle it reverently. In many cultures, the Bible is the most respected book in a household. Thus, it is never placed on the floor or stored out of site or "at the bottom of the stack." Rather, nothing is placed on top of it, it is carefully cared for, and it is used often. Just as we would show respect and honour to an important person who was present, we show respect for the God of the Bible by our care for it. Communicate your culture's expectations for Bible care in a positive and caring way.
3. Genesis - Moses (Genesis, Exodus, Leviticus, Numbers and Deuteronomy were all written by Moses the most ancient traditions say, even though no authour is named. More information can be found in the Introduction to Genesis in volume 1 of the SDA Bible Commentary or in other commentaries of your choice.
1 John, 2 John, 3 John, Jude and Revelation - John the Apostle; Jude - Jude; Revelation - John
4. This is the identical requirement to the one in God's Plan to Save Me B. There is no need to do the same requirement twice.

An additional idea: Have the children pantomime. Adventurers enjoy play acting. Encourage them to make the story “come alive.” Keep a box of props to help in illustrating the Bible characters, such as bath robes, scarves and a cane.

- NOTE: Many of your Adventurers can’t read fluently yet. Therefore, “Practice” means a parent-child relational “showing event” rather than the stereotypical “sword drill” as is possible at later developmental stages. As a community, practice finding the texts in the Bible. Explain each part so the children can understand the meanings. Read together.

Teaching Idea: Read-aloud

Materials: Three or four of the Bible passage printed out in LARGE PRINT so that the whole group can read the words. Use the easiest reading version of scripture allowed in your church context. Among English translations, the New International Revised Version, and International Children’s Bible are both written with short sentences and simple words.

Procedure: Read the texts aloud and discuss them quickly. Don’t spend too long on each text. The goal is to introduce kids to lots of different parts of the Bible that are useful for lots of different kinds of things (2 Timothy 3:16-17). Enjoy the quick trip through the Bible with your children’s group.

- NOTE: The goal is to do a craft / activity to help the children remember the THEME or MAIN POINT of a few of the Bible texts. “Memorise” doesn’t mean that the child remembers it word for word weeks or months later in order to achieve the award!

Teaching Idea: Plate Masks

Materials: paper plates, ribbon long enough to attach to plates and tie around kids heads (or short dowels to mount masks on so that kids can hold up the masks in front of them); hole-punch; crayons or colouring tools; appropriate image templates.

Procedure: Use paper plates to make animal or people masks to illustrate stories such as Daniel and the lion’s den, creation, and Garden of Eden. Act out the story of their choice.

Templates for Activity Masks are available online - Search “animal paper plate masks children”

III. God’s Power in My Life

A. Spend regular quiet time with Jesus to talk with Him and learn about Him. Keep a record.

“The family that prays together, stays together” is a saying that has been a part of Christian homes for generations.

Adventurer meetings can model HOW to complete a successful family worship during class time or during a Parent Training meeting.

Teaching Idea: Model a Family Worship

Materials: Bible story books appropriate for the age group. Be sure the story books are interesting to this age group, are written for them with simpler sentences than older kids or adults would read for their own devotions. Musical tools (eg. instruments or a kid’s song book, DVD and Youtube for kids songs are a great way to include music in your worship.

Procedure:

Note: The worship should last no longer than 10-12 minutes.

Ask each child for a favourite Jesus song. Use musical tools to sing it together. Next, read a single story (or even a couple of pages if the story is long). Have each child and adult say a simple one or two sentence prayer. “Thank you” prayers that help the child review the events of her day in light of God’s guidance and care are especially appropriate for this age group.

The Activity Book contains a page for recording the regularity. The instructor should NOT force every day, since the child is not the one in charge, but instead should encourage regularity and, if applicable, an improved habit.

B. Ask two people how they show other people that Jesus cares for them.

Helps:

Coach the child, if needed, with simple questions like “how do you show other people that Jesus cares for them?” or “what are ways you show Jesus’ love to people?”

Also coach the children on how to say “thank you” for the meaningful conversation.

If this is a group exercise, be aware of time.

OPTIONAL: Earning the *Friend of Jesus* award is a logical extension for this requirement.

C. Complete the Delightful Sabbath award.

Requirements:

1. Read Exodus 20:8-11, Isaiah 58:13-14, and Isaiah 66:22-23 and answer the following:
 - a. What day of the week is Sabbath?
 - b. What is the first word of the 4th Commandment?
 - c. Whom does the 4th Commandment say created everything?
 - d. Will the Sabbath ever cease to exist? Explain.
 - e. Based on what you read, why should we look forward to the Sabbath?
2. Decorate a Sabbath box and place items inside that will help make your Sabbaths more enjoyable. Some examples are:
 - a. Bible stories books
 - b. List of Sabbath activities
 - c. Clay or play dough to illustrate Bible stories
 - d. Christian activity books
 - e. Your ideas
3. Complete two or more of the following projects that can be added to your Sabbath box:
 - a. Start a mini scrapbook or photo album to save special Sabbath pictures and memories in.
 - b. Decorate a small votive candle holder with beads, gems, or other embellishments to be used on Friday night to welcome in the Sabbath.
 - c. Make a Sabbath banner.
 - d. Start a Sabbath sermon sketchbook to record notes and small drawings for at least 2 sermons that you attend.
 - e. Make a Sabbath door hanger to use as a reminder of Sabbath.
 - f. Make a Sabbath/Creation-themed mobile with colourful beads and nature items
4. Tell a friend some of your favourite things about Sabbath and show your Sabbath box to them.
5. Have a “Welcome Sabbath” get together on Friday night with some friends, Adventurer families, or your own family at home.

Helps:

1. The goal is discovery of what the Bible says about the Sabbath. Use easily understood but accurate translations of these passages

2. Sabbath boxes are those places where children store special games and activities that can only be used/played with on Sabbath. It may be a rubbermaid/clear storage box or basket. The goal is to create something that they look forward to opening on Friday evening.
3. These activities should be family-based activities with a simple report to the person “checking off” the requirement.
4. This may be a simple “pair-share” activity. Pair-shares have the two partners face each other (sitting preferred, criss cross applesauce!). The leader asks the question, then each person has about 30 seconds to answer the question. RAPID paced questions are essential to the fun!
5. Have a vespers at the church where all the kids bring their Sabbath Boxes and demonstrate/share something their family is using out of the box to make Sabbath special. Other ideas include: having a Friday evening “traditions of our Friday night” meal together. Each family brings an item that is/will be a family Friday night meal tradition. Celebrate the intentionality that families are doing to help make Sabbath special for their children.

My Self

CHOOSE AT LEAST ONE SECTION

I. I Am Special

A. Make a booklet showing different people who care for you as Jesus would.

Teaching Idea: Caring People collage

Materials: Printouts of colouring pages of people who care (parents, extended family, doctors and nurses, firefighters, police officers, teachers, etc.). Several options are available in the Activity Book.

NOTE: 'Colouring pages' can be searched for online or line drawings similar to those that appear in colouring books. Choose simple drawings that can be easily coloured in using large crayons and little fingers. Remember that developmentally, fine motor skills (the ability to colour in minute detail) has not developed yet.

Procedure: Have each child choose one of the colouring pages. Use crayons or equivalent to colour. Collate into a booklet for each child or colour in the pages included in the Activity Book.

Discussion: Which helpers (who can care for you) have you had help you? What is important for all helpers to remember? What are things WE can do to help them care for us?

II. I Can Make Wise Choices

A. Name at least four different feelings. Share with a group or a leader a time when you have had one of these feelings.

This is a quick and easy "take turns" activity. It leads directly to the activity. Emotions (feelings) may include: happy, sad, joyful, angry, hurt, scared.

Be aware that not all children are "happy and content most of the time." Be sensitive to those who experience fear and hurt the majority of their lives.

Another idea would be to print out pages of emojis (search online: printable emojis) and have children choose ones they wish to talk about (see above).

Mission connection: How would helping children get an education or food or fresh water in an impoverished country help them feel HAPPY and JOYFUL more often?

B. Play a feelings game.

Materials: Search online for 'feelings game' for an appropriate game.

III. I Can Care for My Body

A. Complete the Healthy Specialist award

Requirements:

1. Memorise and repeat 1 Corinthians 6:19, 20.
2. Cut out pictures and make a poster to show the four basic food groups. Arrange the pictures to show three healthy meals you could eat.
3. Explain why your body needs exercise.
4. For one week, record the hours you sleep. Tell why you need rest.
5. Explain why you need fresh air and sunlight.
6. Explain why water is important for your body. Tell the number of glasses of water you should drink each day.
7. Describe and practice good dental hygiene.
8. Name three things that might destroy your health.

Helps:

1. Talk together as a group or family about the principles of the text.
2. Have the Adventurers cut pictures of food from old magazines, arrange them on a poster or paper plates and discuss what makes a balanced meal. Extra: Have a tasting party that includes foods from each of the four food groups. Blindfold the Adventurers and have them guess what food they smell, then taste the food.
3. Your body needs exercise to keep muscles strong, strengthen your heart, improve your lung capacity, make you look and feel better.

Do several exercises for fun and health:

- "Tortoise and Hare" is a running-in-place exercise. First you "run" 50 steps slowly as a tortoise, then 50 steps faster as the hare would run. Repeat three times.
- Have a wheelbarrow race in which one child holds the ankles of the first child. They both walk forward, one on hands, the other on feet. Then they change places.

4. When you sleep your whole body relaxes, including your muscles, heart, and breathing. Your body uses this time to recover and repair itself.
5. Without fresh air, we cannot live. Breathe deeply and enjoy. Sunlight contains vitamin D, which helps to form strong bones. Sunlight is a disinfectant.

Exercise in the sunlight by doing the "Russian Hop." Get into a squat position with your arms folded across your chest. Hop up and forward with your feet. Hop around in a circle. At the end of each hop, you are back in the starting position.

6. We lose water when we breathe, sweat, or urinate, and it must be replaced. Your body is about two thirds or 65 percent water. Drink two and one-half quarts of water daily to remain healthy. Many foods have water; lettuce is nine-tenths water.
7. Suggestion- Invite a dental hygienist as they will have educational materials to explain dental hygiene to children.
8. Many things could destroy your health: lack of sleep, poor eating habits, little or no exercise, drinking alcohol, drug abuse, etc.

Contact a family doctor, your conference/mission health department or church members who work in the medical field for resources you could use to teach this award especially this requirement.

My Family

CHOOSE AT LEAST ONE SECTION

I. I Have a Family

A. Draw or cut out a picture showing something special about each member of your family.

Teaching Idea: Family Character Traits

Materials: Simple pictures that show desired character traits that adults and family members can demonstrate towards their children (love, kindness, time together, tenderness, playing together, storytime, worship together, loving, etc.)

Procedure: This is a simple pick a picture and share activity. Each Busy Bee chooses a picture that they either experience at home or wish that they experienced at home. Have them share with the class or with the teacher/s.

II. Families Care for Each Other

A. Discover what the fifth commandment (Exodus 20:12) tells you about families.

Teaching Idea: Honouring My Parents (Discussion)

Materials: Envelopes; Glue; Stickers; Markers; Shapes cut out of construction paper (triangles, circles, squares)

Procedure: Discover what the fifth commandment (Exodus 20:12) tells you about families.

Begin by discussing what it means for the Busy Bees to honour their parents/guardians. Be sensitive to children's families. Some children may not have both parents or may live with other family members or guardians. Talk about honouring parents by showing respect (using manners, being polite, obeying and following directions).

Help the children write Exodus 20:12 (NIV): "Honour your father and your mother, so that you may live long in the land the Lord your God is giving you" on their envelope. Ask them to choose three ways they honour their adult guardian and help them write each one on a construction paper shape. Have the children put their shapes in the envelope and decorate their envelope with stickers. Give each child three additional blank shapes to take home and fill out with their family. Also, the parent/guardian can write on them and put them in the child's envelope when they see the child showing them honour or respect.

B. Act out three ways you can honour your family.

Teaching Idea: Role Play

Materials: Large pieces of fabric; Plain coloured bathrobes; Cloth belts; Bible era props (Note, if you have a "ongoing" set of Bible story props those would work here too).

Procedure: Read a story in a children's version of the Bible about a child who honoured his or her parents/guardians. Break into small groups and act out the story for the other Busy Bees.

- Stories that might be familiar include:
- Samuel following his mother's instructions to stay at the temple with Eli and doing his work cheerfully;
- Daniel and Naaman's servant honouring their parents by continuing to do their work well even during captivity; and
- Queen Esther honouring her cousin Mordecai by asking the king for her people to be saved.

C. Complete the Home Helper II award.

Requirements:

1. Assist with two of the following chores:
 - a. Laundry
 - b. Preparing a meal
 - c. Washing the car
 - d. Grocery shopping
2. Set the table and help do the dishes four times in one week.
3. Make your bed and help to clean your room for three weeks.
4. Demonstrate your ability to do two of the following:
 - a. Vacuum the carpet or beat a rug
 - b. Dust furniture
 - c. Sweep or mop
5. Be responsible for emptying the wastebaskets or trash container for one week. Separate all recyclable materials if applicable in your area.
6. Discuss the following and learn to:
 - a. Dust window sills
 - b. Remove spider webs
 - c. Wash windows
 - d. Clean woodwork
 - e. Separate all recyclable materials
7. Listen to the story of one of these children who helped:
 - a. Samuel
 - b. Naaman's servant girl
 - c. Jesus

Helps:

1. Work is always more fun when shared. Teach the children to be helpful at home by assisting a parent or sibling.
2. Teach the children to properly set a table: fork to left of plate, knife and spoon to right, cup or glass on right above knife, napkin folded and set on plate or left of fork. Teach children to do dishes safely and to do their tasks willingly and with a smile.
3. Children may need assistance with bed making and keeping their rooms clean, but they definitely need to be taught these important responsibilities and good habits.
4. Household chores can be fun and are encouraged as ways a child can do his/her part around the home. Learning to dust, sweep and vacuum safely and without causing more dust is important.
NOTE: Many kids don't have ANY idea how to do ANY of the home helper tasks. This is a great opportunity to have parents teach their own children how to do basic tasks that work for their home arrangement. It can be either guided time in meeting or at home with a report to return to the next meeting.
5. Teach the children to help with emptying wastebaskets and placing contents in larger trash container. Talk about how trash that isn't cared for properly makes a messy world.
6. **Teaching Idea: Play House-cleaning**

Materials: brooms, mops, dustpans, sponges, etc. NO CHEMICALS!

Procedure: You may set up a “house” during Adventurer time. Encourage the children to work together to make the “house” spic and span, and show them how to perform necessary tasks neatly. Woodwork and window sills need to be dusted with a clean cloth or, if they are washable paint, a damp cloth. Place a clean rag or pillow slip over a broom to clean away spider webs. Use water or window cleaner with clean cloth or paper towels to clean windows.

7. These stories are available via dvd, storybooks or online resources like vimeo or youtube. These stories may also be told by a parent, Helping Hand or grandparent.
 - Samuel
 - Namaan’s servant girl
 - Jesus

III. My Family Helps Me Care for Myself

A. Complete the Safety Specialist award.

Requirements:

1. Watch a video or movie on Home Safety and discuss what you learned.
2. With your parents, develop a home fire-safety plan. Describe where the household fire extinguisher(s) is/are kept and how to use it/them.
3. Practice a fire drill at:
 - a. Home
 - b. School
 - c. Church (if possible)
4. As appropriate for your area, practice the following drills:
 - a. Hurricane/Typhoon
 - b. Tornado
 - c. Earthquake
 - d. Flood/Tidal Wave
 - e. Volcano
 - f. Lightning and thunder
5. Be a “Safety Detective” for one week.
6. Make a safety poster showing dangerous situations and tell or show what you can do about them.
7. Participate in a safety game.

Helps:

Note: Safety methods and teaching points vary so dramatically and change so quickly that we are NOT attempting to give specifics for this award. Please treat our helps as starting suggestions!

1. Resources are available online as well as from your local library. Encourage discussion so you know the children are aware of the need for fire safety.
2. Encourage parents to help the children with a fire-safety plan. If possible, provide parents with resources published by your state, provinces, region, area, or country public safety as available.
3. Home - fire drills should be covered with the above requirement; School - schools have their safety plans in place. Confirmation the child knows the fire drill for the school will suffice; Club and/or church - drawing where and how to go out of the area. Practice these drills with the whole club.

4. Online resources are available - search 'how to prepare for hurricane, tornado...etc'. Resources will be available for your country or area. Government agencies are another option for you to approach for resources. This is to inform the children but also to prepare them without frightening them.
5. Make up a "Safety Detective" button or ribbon that the children may wear the week they are recording potential problems at home or school, e.g., a broken latch on a cabinet that has cleaning fluids or medicine in it, frayed wires or broken electrical plugs, a rake lying face up, board in the sidewalk, a broken water faucet, unlabeled containers holding paint thinner, gasoline, broken glass, etc.
6. Ask permission for the posters to be in a public place for adults to see.
7. Give the children safety situations to answer yes or no, or "I'll ask Mom and Dad."

Teaching Idea: Role Play

Materials: Hats or scarves or other "grown up" dress up items for the "visitors/callers" to pretend to be adults.

Procedure: Start the game with a situation you have experienced, such as broken glass on the floor. Ask, "Would you pick up the glass?" or "Would you tell your mother?" Create simple situations for the children to practice saying "let me get my (parent)," "can I take a message?" or "My (parent) isn't available right now."

Ex. Knock on door from "salesman."; Phone call "is your daddy home?" (he isn't)

Encourage the children to share realistic situations and to think carefully before acting.

I. The World of Friends

A. Complete the Listening award.

Requirements:

1. Memorise and explain two of the following listening Bible verses.
 - a. James 1:19
 - b. Jeremiah 29:11-12
 - c. Jeremiah 13:15
 - d. Proverbs 1:8
 - e. Isaiah 59:1
2. Tell one of the following listening Bible Stories.
 - a. Samuel listening – 1 Samuel 3
 - b. Jesus listening – Luke 2:41-49
3. Learn the following principles of listening:
 - a. Listen to God.
 - b. Always be ready to listen. "My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry." James 1:19
 - c. Be patient. Listening takes time, but the reward far exceeds the investment.
 - d. Be obedient. Listen and respond the first time instruction is given.
 - e. Be kind. Listening is a gift, so be the first one to lead out in listening. Be a listening role model.
 - f. Be respectful. Listen to others and let them finish their story before you talk.
 - g. Be attentive. Pay attention while others are speaking.
4. Make a craft that relates to listening.
5. Play a listening game.

Helps:

1. Or find other 'listening' verses.
2. Encourage creativity (skits or pantomimes) as children learn listening habits. Be a listening role model. Teach listening lessons with songs and games.

Script: Samuel Listening

You may remember that Samuel's mother was a woman named Hannah. She wanted a son more than anything, so she prayed and asked God to give her a son. She promised God that if he would give her a son, she would give him back to the LORD to serve him all the days of his life. God gave Hannah the son she asked for and she kept her promise to God. When the boy was old enough, she took him to the temple and presented him to Eli the priest. So Samuel served in the temple under Eli.

One night Samuel was sleeping when he heard someone call his name. He got up and ran to Eli. "Here I am; you called me," he said to Eli.

"I didn't call you," Eli answered, "go back to bed." So Samuel went back to bed.

Again the LORD called, "Samuel!" Samuel jumped out of bed and went to Eli. "Here I am; you called me."

"I didn't call you, go back to bed," Eli answered a second time.

A third time God called Samuel and Samuel got up and went to Eli. "Here I am; you called me," he said.

Finally, Eli realised that it was God who was calling Samuel. He told Samuel, "Go and lie down, and if he calls you again, say, 'Speak LORD, for your servant is listening.'"

Samuel went back to bed and sure enough, again he heard the voice of God calling, "Samuel! Samuel!" This time Samuel answered as Eli had told him, "Speak, for your servant is listening."

Some people think that God only calls grown-ups. That is why I like the story of Samuel. Samuel was just a young boy when God called him. God knows your name just as he knew the name of Samuel and God still calls boys and girls today saying, "Come, follow me." So, listen for God's call and answer just as Samuel did, "Here I am."

Note: a great book for this one is My Bible Friends "Samuel" (an Adventist classic book for children). It is now available on DVD (read by Your Story Hour audio cast) and CD/MP3.

Script: Jesus Listening

Every year, Mary, Joseph and Jesus traveled to Jerusalem for a celebration. They went with a big group of friends and family. The party was so much fun. They had lots of good food and told God how much they loved Him.

When the party was over, Mary and Joseph and the group traveled back to their home. (March with your feet) After a while, Mary and Joseph realised that Jesus was not anywhere to be found. They asked all their friends and family, but no one had seen Jesus. (Put your hand by your brow like you are searching for Jesus.)

Mary and Joseph rushed back to Jerusalem. They looked everywhere for Jesus. (Put your hand across your brow as if you were looking for Jesus; then call Jesus' name like you were looking for Him)

Finally, they found him. Do you know where Jesus was? He was in the temple church, talking to the leaders. They had been there talking together the whole time! The leaders were amazed at what Jesus knew.

When Mary found him she said, "Son, why did you do this to us? Your father and I were very worried about you!"

Jesus asked, "Why did you have to look for me? You should have known that I would be where my Father's work is." But they did not understand what He meant.

Jesus went with them to their home in Nazareth and He obeyed them. He listened and did what His parents asked Him to do. Jesus continued to grow up. People liked him and he pleased God too.

Teaching Idea: Tin Can Role Play

Materials: tin cans, string, short scripts to match the rules listed

Procedure: Use two tin cans and a string. A tin can telephone is a type of voice-transmitting device made up of two tin cans attached together on the closed end with a taut string or wire. Practice speaking and listening in a way the reinforces the rules listed OR shows the problems when we don't use those rules? MUCH more fun with tin cans than with a simple traditional discussion! (Yes, tin cans are another type of role play)

3. **Teaching Idea: Telephone Game:** Have everyone sit in a circle. The instructor will start a message by whispering it into the ear of the child to his/her left. The message will continue around the circle, from child to child, by whispering the message in the ear of the next child. (Be careful not to whisper loud enough for others to hear.)

When the message has gone around the whole circle, have the last child say the message out loud so everyone can hear. Discuss how the message has changed as it moved around the circle.

Teaching Idea: Follow the Leader ver 1:

Facilitate an old-fashioned game of Simon Says as a way to emphasise the importance of focus and following directions. Try saying, "Simon says touch your toes and then say sit on the floor." If your child follows the second direction without hearing Simon says, they lose. This game reinforces how effective listening relates to following directions. For older children, use a picture that includes geometrical shapes. Give the child a blank piece of paper and then describe the picture and ask them to draw what they hear. Compare the two pictures and discuss how listening to directions played a role in replicating the picture.

Teaching Idea: Follow the Leader ver 2

Form groups of three. Have one person in each group close his or her eyes. Have the other two take the person at least 20 feet away from their group.

Say: You have one minute to get back to your seat with your eyes closed. Your friends in your group will guide you, but listen well.

The "blind" people can't be led by the hand; they must follow only their group members' instructions. Play three times to let each group member have a turn being the blind one. Then ask: How easy or difficult was it to listen to your group members' voices? How did other people's instructions affect you? What techniques did you use to listen well?

Say: Listen to this story about a little boy who learned to listen well—and heard God's voice.

II. The World of Other People

A. Tell about the volunteer work people do in your church.

B. Find a way to help them.

Teaching Idea: Spiritual Giftedness Involvement

Materials: time and adults

Procedure: Children need to develop a base of experience in ministry so they can begin to identify how they may be gifted. Encourage them to get involved in a variety of ways. Offer a consistent diet of ministry opportunities. Involve them, as you can, in the various aspects of total church life where they can work side by side with adults. Suggest that families serve together as teams. God will use these opportunities to grow passions within their hearts and to surface and develop their spiritual gifts.

Allow children and youth to plan and lead their own programs, under supervision, of course. Soon you will see the leaders and teachers emerge among them.

Take them on ministry field trips to nursing homes, children's hospitals, and the like, and soon you will see those with the gift of mercy blossom.

Get them involved in work days around the church and soon you will see children with the gift of service looking for work.

Make them a part of your short-term mission trips and soon you will hear some answer the call to be a missionary or evangelist.

Seek volunteers among them to be nursery workers and soon you will see children with the gift of helps offering their services on their own.

Be careful, in the process, that you do not use coercion or a reward system to get them involved. They need to learn to serve out of love and obedience. They need to understand that serving is a worthy enough calling in itself that they do not need to be bribed in order to do it.

Teaching Idea: Teaching Idea: Sabbath Tour

Procedure: Ask two people involved in volunteer work at your church to take the kids on a brief, age-appropriate tour of things going on at church.

For example, have the Busy Bees pray with the Elders before they go on stage, or help a volunteer Ministry leader tell the children story. A “field trip” to the baptism changing area, the kitchen or where the treasurer counts money are all places you can tour with your Busy Bees.

III. The World of Nature

A. Complete the Friend of Animals award.

Requirements:

1. Do one (1) of the following
 1. Take care of an animal/bet for four weeks.
 - a. Feed it and be certain it has fresh water
 - b. Brush your pet, give it a bath or clean its resting place
 2. Put out scraps or seeds for birds or animals in your neighbourhood or school.
 - a. Identify creatures that eat these scraps
 - b. Draw and colour pictures of them
2. List creatures that live in your neighbourhood.
3. Match 10 animals with their houses.
4. Make an animal mask.
5. Play an animal game.
6. Make a stuffed animal. Describe how this animal would be cared for if it were real.

OR

Visit one of the following:

- a. zoo
 - b. kennel
 - c. museum
 - d. Farmyard
 - e. Aviary
 - f. pet shop
7. On what day of creation did God create the animal you cared for?

Helps:

1. Help each child to learn responsibility and care of a pet. (You may purchase a group pet and take turns caring for it.) Talk about what is good for their pet and what foods, toys, etc. are not.

2. Teach the children to be observant of nature and where to obtain helps in identifying animals, such as a library or museum.
3. Play games matching animals and their homes. Use felt "Animals and Homes" set, pictures, etc. Explain an interesting fact about each animal, such as when a crab grows, it needs to find a new and larger home; the turtle's home grows with the turtle; etc.
4. Let the children choose an animal they enjoy learning about. Using a paper plate, draw and colour this animal, cutting eyes so they can see out. You may want to tell a story about animals so the children may take part as the animal they made. AND/OR play the animal sounds game: Someone makes the sound and the animal answers and tells what it is, or everyone guesses.
5. Choose from different animal games, such as Animal Lotto, Animal Dominoes, and Birds and Animals game available at the Adventist Book Center.

Teaching Idea: Animal Bingo

Materials: Animal Bingo cards (search online for the cards and the drawing pieces), marking pebbles/flat marbles

Procedure: Draw from your stack of animal pics. Call out the animal. All kids who have that animal mark it on their card (each card is different). Once one person has a row or column completed a new game is started.

6. ***Teaching Idea: Sock Stuffed Animals***

Materials: clean socks (buy packs of bright or coloured or patterned socks in bulk lots. Most of the crafts take 1-3 socks); little micro rubber bands googly eyes & hot glue or sharpie marker

Online search: "how to make no-sew stuffed animals kids no glue"

Procedure: Ahead of time search online for simple sock animal designs like fish(whale), octopus, or bear. Make sample crafts.

The kids will love this craft - and the resulting animals are truly cute enough to snuggle and won't fall apart like other simple kids stuffed animal wanna-be crafts will.

Teaching Idea: Sketch and glue|staple

Use colouring books for simple animal shapes. Enlarge the pattern and cut two identical animal shapes from newspaper. Paint the animals and staple them together, then stuff with more paper.

Include family members. Talk about what you saw and learned.

7. See Genesis 1:20-2:1.

Additional Awards Designed for Busy Bees:

- Artist
- Butterfly
- Buttons
- Fish
- Guide
- Music
- Potato
- Sand Art
- Spotter
- Swimmer I

Editors/Contributors: Mark & Sherilyn O'Fall.

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